



**Praxis
Care**

Lurgan Road Day Service



-  Northern Health and Social Care Trust
-  Belfast Health and Social Care Trust
-  South Eastern Health and Social Care Trust
-  Western Health and Social Care Trust

Referral Criteria

To qualify for services, individuals must:

- Have a learning disability
- Be over 18 years old at the time of referral
- Be agreeable to the referral being made.
- Have a range of care and support needs appropriate to the level of support available

Trainees do not need to reside in a specific area to attend the service.

Referrals can be accepted by the service directly or through a Statutory Key Worker.

Scan here to watch a video about Lurgan Road Day Services



Praxis Care's Lurgan Road Day Service
 in Portadown operates Monday to Friday. Its trainee projects are Blissful Bites Bakery and Cusher Meadow Allotments, which run in addition to community-based day activities.

The service provides a range of day opportunities to adults with a learning disability that are suited to their desires, interests and goals.

Enquiries

Let's talk about how we can work together

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Tel: 028 38 394531

praxiscare.org



Empowering lives that are valued, meaningful and inclusive, regardless of the complexity of need, every day.

Praxis Care's Mission



About Praxis Care

Shaped around the individual

- Health and social care charity
- Supporting individuals with mental ill health, autism, learning disabilities and dementia since 1984
- Supports over 1,500 people
- Provides innovative, professional, high-quality support services to people across the spectrum of need, particularly at the higher level of complexity
- Services for children, young people and adults are spread across England, Northern Ireland, the Isle of Man and the Republic of Ireland
- Co-develops and delivers bespoke care and support in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes

"This is a fantastic place to work in. I have been able to try my hand at baking, cooking, computers and learning to grow vegetables. I have made new friends and learnt new skills."

– **Seamus Flood,**
Trainee



Blissful Bites Bakery

A social enterprise offering a range of bakery products including apple tarts, shortbread, tray bakes, wheaten bread as well as catering and made-to-order bakery products.

Trainees have the opportunity to learn:

- Baking
- Retail and packaging skills
- Customer care
- Health and safety
- Food safety
- Inanimate load handling
- Allergen training
- Control of substances hazardous to health regulations (COSHH)
- Conducting professional deliveries

Cusher Meadow Allotments

Cusher Meadow Allotments run year round where trainees can learn new skills while promoting healthy living. The allotments include a polytunnel and concrete raised beds.

Trainees have the opportunity to:

- Develop gardening skills
- Grow vegetables, fruit and flowers
- Eat the produce
- Landscape the allotment
- Get plenty of fresh air
- Make new friends and socialise

Other Community-Based Activities

Activities include but are not limited to:

- Reminiscence
- Singing and music
- Raised-bed gardening
- Health and beauty education
- Field and bus trips
- Book club and poetry reading
- Life story and memoirs
- Memory games and puzzles
- Baking
- Cooking
- Crafts
- Exercise

