


# Warwickshire Supported Living Services

CQC-Registered Bespoke Provision For Adults  
With Complex Behavioural Presentations



Now with  
domiciliary  
care support



**Empowering lives that are valued,  
meaningful and inclusive,  
regardless of the complexity of  
need, every day.**

Praxis Care's Mission

# About Praxis Care

## Shaped around the individual

- We are a health and social care charity with 40 years' experience.
- We work with over 1,500 people with mental ill health, autism spectrum conditions, learning disabilities and dementia.
- Our services are innovative, professional and high-quality for people across the spectrum of need, particularly at the higher level of complexity.
- Our services for children, young people and adults are spread across Great Britain, Northern Ireland, the Isle of Man and the Republic of Ireland.
- We co-develop bespoke plans for individuals in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes.



## Praxis Care has experience with...

People who display  
behaviour that  
may be deemed to  
challenge

People who may be  
subject to  
legal orders/liberty  
restrictions

People who have  
experience of frequent  
placement  
breakdown/hospital  
re-admission

# Complex Needs Community Supported Living Service

The service was developed in 2018 to respond to the Transforming Care agenda: individuals with learning disabilities or autism spectrum conditions now receive care in community, rather than in-patient, settings.

The aim of our Complex Needs Community Supported Living Service is to co-produce meaningful and sustained outcomes, to continue to increase independence and choice and to co-create every opportunity for a best life for everyone we work alongside.

Referrals involve detailed pre-admission assessment, relationship and knowledge building utilising clinical input, working closely with MDTs and stakeholders and engaging with families and each individual through a managed transition process.

All of the original residents have maintained tenancies in the community, progressing in their independence and working towards their goals.



Colin has thrived at WSLS, building on skills he's learned in his life and becoming more independent, day by day. [Hear him explain in his own words](#) how far he's come.



# Manager Alex Blyth

Since becoming manager of the service in 2020, Alex Blyth has shown remarkable leadership and compassion. He was nominated for the below awards by colleagues who wanted his impact on them and WSLs residents to be recognised beyond the service.

**Finalist: The Manager Award, The National Learning Disabilities & Autism Awards 2021**

**Finalist: Professional Of The Year, The Mental Health and Wellbeing Awards UK 2021**

**Winner: Pat Cassidy Award ("Going above and beyond to achieve exceptional outcomes for the people we support"), Praxis Care's Celebrating Excellence Awards 2021**



A large teal circle on the left side of the page, partially cut off by the edge. Inside the circle, there are two yellow shapes: a thick curved line at the top and a thick ring at the bottom left.

# Support Criteria

## **Age Range**

Adults

This could include some support at point of transition to adult services from 17 years of age

## **Diagnosis**

LD, ASC, MH, PD and associated co-morbidities falling within the admission criteria



# Location

Service provision is available across Coventry, Warwickshire and Leicestershire.

- In-house property and development teams work closely to source and adapt appropriate accommodation in a person's preferred location.
- There is easy access to transport, local amenities and community resources.
- Domiciliary care is also available to support individuals within their own homes.



# Evidence-based, person-centred

Approaches and techniques include positive behaviour support (PBS), active support and SPELL framework elements (e.g., low arousal approaches).

The aim is a sustained understanding of each person, from which to take forward a range of appropriate approaches and interventions, to reduce the potential for, and impact of, distressing situations and responses. This approach recognises that behaviours are likely to be a communication method and there may be a link to physical health/co-morbidity.

Staff also complete supervision, debrief and reflective practice individually and as teams with support from in-house MDT colleagues.



# Everyday Living Plan (ELP)

Everyone at the service creates their own holistic person-centred assessment and care planning tool.



A range of elements are assessed, including:

mental  
and physical wellbeing

communication

meaningful  
daily activity

empowerment,  
recovery and hope

strengths  
and aspirations

interpersonal  
relationships

daily living skills

being safe

## Recruitment

Our in-house recruitment and training teams build highly skilled, compassionate, well-supported, motivated staff teams. We undertake values- and competency-based safer recruitment practice working alongside our behavioural specialists to recruit and build engaged, resilient, creative teams.





## Training

Staff at all levels undertake a robust induction. There is a comprehensive ongoing training schedule and opportunities for professional development; we want people to build a career with Praxis. Bespoke training is developed and delivered specifically to support the requirements of individuals.



## Transition to community supported living

Praxis Care has significant experience of co-designing and implementing successful transition plans for people assessed as having very complex needs who are moving into community-based settings or transitioning into adult services from children's services.

Our transitions are safe, managed, coordinated, bespoke and effective.

Note: There is potential for PA support as part of a planned transition to adult services.

# Enquiries or Referrals

Let's talk about how we can work together.

Alex Blyth, Registered Manager

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Shaped around  
the individual

[praxiscare.org](https://praxiscare.org)