



Praxis
Care



Greater Manchester Complex Care Community Supported Living Service

CQC-Registered Bespoke Provision for Adults
with Complex Behavioural Presentations

Registration
is Open

About Praxis Care

Shaped around the individual

- We are a health and social care charity with 40 years' experience.
- We work with over 1,500 people with mental ill health, autism spectrum conditions, learning disabilities and dementia.
- Our services are innovative, professional and high-quality for people across the spectrum of need, particularly at the higher level of complexity.
- Our services for children, young people and adults are spread across Great Britain, Northern Ireland, the Isle of Man and the Republic of Ireland.
- We co-develop bespoke plans for individuals in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes.

Praxis
Care



**Empowering lives that are valued,
meaningful and inclusive,
regardless of the complexity of
need, every day.**

Praxis Care's Mission

Complex Care Community Supported Living Service

Serving Greater Manchester

The aim of our Complex Care Community Supported Living Service is to build upon strengths and tailor support to achieving aspirations, to enable individuals alongside to move on to sustained greater independence and valued engagement in the wider community at their earliest opportunity.

Referrals to services involve detailed pre-admission assessment, relationship and knowledge building utilising clinical input, working closely with MDTs and stakeholders and engaging with families and each individual through a managed transition process.

Admission Criteria

Age

Adults. This may include some support at point of transition to adult services

Diagnosis

LD, ASC, MH, PD and associated co-morbidities

Engagement

Capacity to engage

Praxis Care has experience with...

People who display
behaviour that
may be deemed to
challenge

People who may be
subject to
legal orders/liberty
restrictions

People who have
experience of frequent
placement
breakdown/hospital
re-admission

Location

Service provision is available across Greater Manchester

- In-house property and development teams work closely to source and adapt appropriate accommodation in a person's preferred location
- Easy access to transport, local amenities and community resources

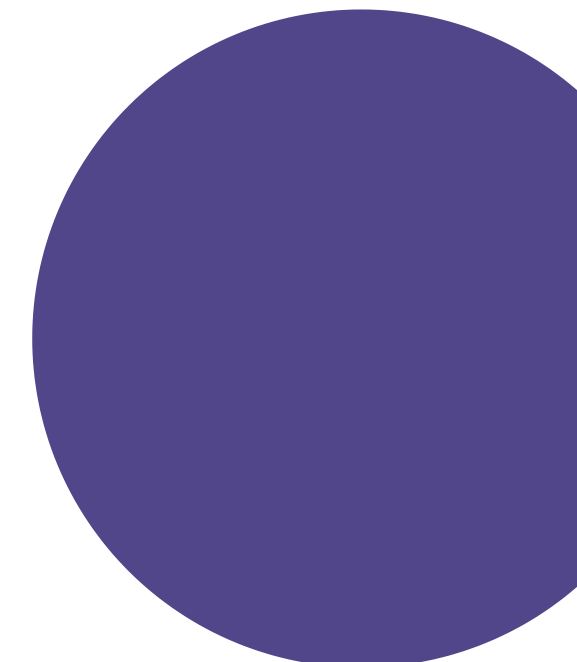


Evidence-Based, Person-Centred

Approaches and techniques include positive behaviour support (PBS), active support and SPELL framework elements (e.g., low arousal approaches)

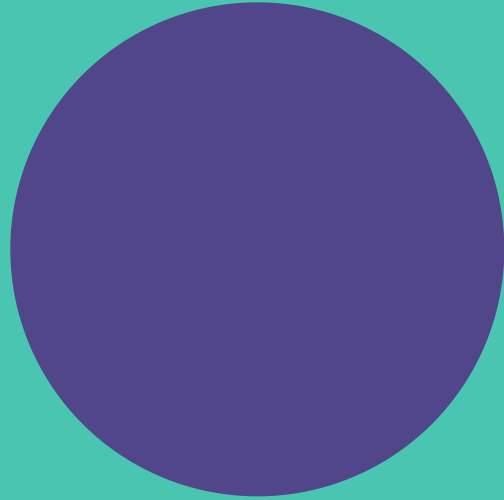
The aim is a clear understanding of each person from which to take forward a range of appropriate approaches and interventions to reduce the potential for and impact of distressing situations and responses.

This approach fully recognises that behaviours are highly likely to be a communication method and that there may well be a link back to a physical health challenge/co-morbidity.



Support

- Positive behaviour support plans are developed with as much input as the individual wishes to have
- Positive behaviour support plans are continually reviewed with behavioural support colleagues
- Tiered proactive and reactive strategies inform risk management plans, support and care plans and associated approaches
- Individuals develop competency in awareness, choice, consequence and self-regulation through support, reflection and discussion
- Staff also complete supervision, debrief and reflective practice individually and as teams with support from in-house MDT colleagues



Each individual creates an Everyday Living Plan (ELP)

Holistic Person-Centred Assessment and Care Planning Tool



A range of elements are assessed, including:

mental
and physical wellbeing

communication

meaningful
daily activity

empowerment,
recovery and hope

strengths
and aspirations

interpersonal
relationships

daily living skills

being safe

**The default is a
well-communicated, shared,
consistent understanding and
approach to service delivery across
the multiple agencies and
individuals involved**

Informed, Engaged, Motivated Staff Teams



Recruitment

Our in-house recruitment and training teams build highly skilled, compassionate, well-supported, motivated staff teams. We undertake values- and competency-based safer recruitment practice working alongside our behavioural specialists to recruit and build engaged, resilient, creative teams.



Training

Staff at all levels undertake a robust induction. There is a comprehensive ongoing training schedule and opportunities for professional development; we want people to build a career with Praxis. Bespoke training is developed and delivered specifically to support the requirements of individual service users.



Transition to Community Supported Living

Praxis Care has significant experience of co-designing and implementing successful transition plans for people assessed as having very complex needs moving into community-based settings or transitioning into adult services from children's services.

Our transitions are safe, managed, coordinated, bespoke—effective.

Achieving Outcomes Case Study: L's Journey

Introducing, L

- L originally came to Praxis Care's services for young people as an emergency placement.
- L has a diagnosis of ASC and a learning disability.
- She has a significant history of self harm and behaviour deemed to challenge.
- Praxis Care gained an in-depth understanding of and relationship with L along with the informed delivery of detailed risk management, support and PBS plans in close collaboration with the community MDT and specialist in-house clinical input.
- Additional training and support for staff were delivered and clear incident liaison and management protocols were agreed across the multi-agency team.

Outcomes

Behaviours deemed to challenge, that are cyclical in nature, are now at a reduced frequency and intensity. L's self-regulation and confidence in speaking out when in difficulty have also improved. L is far more confident in expressing feelings and thoughts verbally and through the use of creative media.

Guiding Principles

Praxis Care is supporting L in her home; this is a place of safety, privacy, dignity and comfort in a community setting. Everything Praxis Care does is aimed at ensuring her tenancy is maintained, her confidence and independence are developed, she remains safe and, as a multi-agency team, there are open lines of communication to maintain a consistent and boundaried approach to her collective care and support.

Enquiries or Referrals

Let's talk about how we can work together

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