

**Annual Report**

**2014**

Rising to the  
Challenge



**Praxis**  
care

# Vision

Passionately caring about everyday living

# Mission

Empowering adults and children with mental ill health, learning disability, or acquired brain injury to enjoy everyday living, irrespective of the complexity of their needs

# Values

## Promoting Independence - the purpose of Praxis Care

Praxis Care will help every individual to become as independent as he or she can be, to reach their full potential, and be active citizens in their communities.

Praxis Care will enable individuals to make informed choices about their own lives, and involve them in all aspects of the work of Praxis Care through the organisation's commitment to a user focused ethos.

## Promising Integrity - the principles of Praxis Care

Praxis Care will respect the rights of every individual, ensuring that their confidentiality, privacy and dignity are secured.

Praxis Care will act honestly, openly and with transparency in all interactions with service users and their representatives, stakeholders, and the public.

Praxis Care will foster and promote a sense of social responsibility throughout the organisation to the benefit of the environment and everyone with whom the organisation comes into contact.

## Protecting Individuals - the professionalism of Praxis Care

In all the organisation's actions, the best interests of service users are paramount.

Praxis Care will carry out its work in partnership with other organisations, safeguarding individuals, ensuring risk is managed, and encouraging positive risk taking.

The organisation's focus on continuous improvement means that it strives for the highest standards, with current best practice guiding everyday service delivery.

Praxis Care's staff are committed to their own professional development and to maintaining the highest codes of conduct expected by service users and the public.

# Foreward

The theme for this year's annual report is 'Rising to the Challenge'. It would have been easy for Praxis Care to chart a path which did not present the hurdles, hard work and change which come with tackling the challenges of moving forward with delivering services in new ways and for less money.

However Praxis Care has risen to the challenge of ensuring the right values and attitudes drive the work of the organisation, the challenge of working in an austere financial environment and ensuring that the organisation remains solvent, the challenge of tackling inefficiencies, the challenge of creating a well trained and skilled workforce, the challenge of steering the organisation's activities towards individuals in greatest need and, most importantly, the challenge of ensuring that the children and adults who are served by Praxis Care remain at the centre of the organisation.

Everyone in the organisation has played a part in 2013-2014 in making the organisation better, leaner and fit for purpose. Praxis Care has risen to the challenge and all staff can be justly proud.

Well Done!

*Nevin Ringland*

**Nevin Ringland**  
Chief Executive



*Ken Brundle*

**Ken Brundle**  
Chair





# Rising to the Challenge through Service Provision

Blue and white balloons were released outside the Civic Centre in Craigavon to mark the 21st anniversary of services in the Lurgan and Portadown schemes

Schemes in Northern Ireland, the Republic of Ireland, England and the Isle of Man continued to rise to the challenges and provided quality services to 1,100 service users in over seventy different projects. These have included domiciliary services, supported living services, home response and floating support services, residential care homes, respite facilities, day care services and counselling.

## Celebration Event to Mark 21 Years of Service Provision

The mental health services in Lurgan and Portadown celebrated 21 years of service provision in the area. Both schemes have overcome many challenges during this time and have grown considerably since their early days.

The Praxis Care staff teams have worked closely over the years with the local Community Mental Health Team in the Southern Health and Social Care Trust, the Housing Executive, South Ulster Housing Association and the Supporting People Team to enable people with severe and enduring mental health problems to live independently in the local community.

The Mayor of Craigavon, Councillor Mark Baxter, and the Deputy Mayor, Councillor Colin McCusker, were joined by the Chairman of Praxis Care, Mr Ken Brundle, service users, staff and friends at a luncheon event in the Craigavon Civic Centre to mark the occasion.



Pictured at the celebration event marking 21 years of service provision by the Lurgan and Portadown schemes are, from left to right, Stanley McGoldrick, Project Manager, Lurgan; Karen Harding, Acting Project Manager, Portadown; Mary Clarke, Assistant Director; Councillor Mark Baxter, Mayor of Craigavon and Joe O'Neill, Project Manager, Portadown

## Supporting People Success in Portadown

The ability of Praxis Care services to rise to the challenge in meeting the needs of individuals with mental ill health and learning disabilities in Portadown, was reinforced during the year with a very positive validation visit and report from the Supporting People Team at the Northern Ireland Housing Executive.

The service was assessed against the Quality Assessment Framework and received an 'A' grade. This was a great achievement and an acknowledgement of all the hard work and effort of the staff group.



Acting Manager, Karen Harding; Joe O'Neill, Project Manager, and Roslyn Speers, Team Leader and former Acting Manager, are presented with an award in recognition of achieving an 'A' grade following the validation visit by the Supporting People Team

## Beechfield's Play Haven Project

The Beechfield Children Respite scheme in Conlig received a major boost during the year when it secured a substantial amount from the Big Lottery, People's Millions Fund. The service provides short breaks and respite care for children with learning disabilities, physical disabilities and complex health needs in the County Down area.

Following a very successful campaign, the 'Play Haven Project' received over 6000 votes from the public. The fund will help Praxis Care create a new play and garden area for children availing of the service at the respite facility at Beechfield. The garden and play area will improve the quality of life for the children and young people in the service by stimulating their senses and providing a place for participation and social interaction with others.



Staff members Lora Rodgers, Joanne Wallace, Leeann Cairns, Lindsey Ruddock, and Project Manager, Linda Lyons, along with Geraldine Andrews, Praxis Care Fundraising Officer, receive a cheque from the Big Lottery, People's Millions Fund, for the development of a new play area and garden at the Beechfield Children Respite Project



# Rising to the Challenge through Service Provision

*Siobhan Doherty, Aware Defeat Depression; Paul Collins, Praxis Care; Fiona Scullion, Mindwise; Dave Murphy, Relate NI; David Babington, CEO of Action Mental Health; Julie Harrison, Big Lottery Fund Committee Member; Pam Hunter, Nexus NI; Anne Townsend, Cruse; and Maire Grattan, Cause; launch the first ever partnership of mental health organisations in Northern Ireland which came together thanks to £3million from the Big Lottery Fund*

## Working Together For You

Along with a number of other mental health charities in Northern Ireland, Praxis Care rose to the challenge of participating in a co-ordinated approach to provide much needed intensive support to people experiencing mental ill health. For the first time, this co-ordinated approach across eight organisations will support activities in each of the five Health and Social Care Trust areas.

The Together For You Project where Praxis Care, Action Mental Health, Aware Defeat Depression, CAUSE, CRUSE, MindWise, Nexus, and Relate NI all work together, will promote mental health and well being in Northern Ireland and provide a range of services in new and innovative ways. The project raises awareness of positive mental health, encourages early intervention and provides intensive support services for people experiencing mental ill health.

Activities over the next three years will include working on mental health promotion in schools, activities that promote the well being of older people, campaigns to reduce the stigma and discrimination of mental ill-health, suicide and self harm, bereavement support initiatives, and improved psychological therapies.

Joanne McDowell, the Director of the Big Lottery Fund in Northern Ireland said: "We are delighted to be working with the Together for You partnership to promote positive mental health in Northern Ireland." Joanne added: "We are excited that these eight organisations, all with a huge amount of experience in the field of mental health, have come together for the first time to deliver a programme of activity that will make a major difference to the lives of people across Northern Ireland."

## Reward for hard work at Plasden Court in Manchester

The staff team in the Plasden Court scheme in Manchester were rewarded for their hard work and concerted efforts by winning the Praxis Care Service User Involvement Award for 2013. The award was presented by Chief Executive, Nevin Ringland on a recent visit to the scheme.

The staff team has ensured that service users are at the centre of all activities in the scheme and that the service continues to meet the challenges that come whilst striving to achieve the organisation's vision and mission.



*The staff team from Plasden Court in Manchester are presented with the Service User Involvement Award by Nevin Ringland, Chief Executive*

## Service Expansion in Glenfield

Services in Leicestershire rose to the challenge of meeting the needs of children and families during the year with the opening of an extended short breaks service in Glenfield. This service provides an essential service to children and young people who have a learning disability and complex behavioural needs and provides essential support to their families.

Praxis Care has provided this support for over 10 years to the children and families of Leicestershire and has now invested in excess of half a million pounds in a new, purpose built centre to improve the facilities offered.

Nevin Ringland, Chief Executive of Praxis Care, said: "I would like to take this opportunity to thank the Praxis Care team for delivering a service of the highest quality. Our new building will allow us to build upon our many strengths locally and we look forward to continuing our work here in the future."

Ruth Harrison the Project Manager said: "Our services deliver high quality, overnight short breaks with the ethos that it should



Leicestershire's own medal winning Paralympian, Dan Greaves, officially opened the new short breaks service at an opening event in the Glenfield scheme. Dan is pictured here along with John McGregor, Vice Chair of Praxis Care.

benefit both the young people and their families and carers. It is important that as well as providing a safe place for people to be, they must also be able to have fun and enjoy their stays."

## Rising to the Challenge in Melton, Leicestershire

The Melton service in Leicestershire, which provides respite care to children, made great strides this year in encouraging and promoting 'healthy lifestyles'. This involved encouraging the young people to participate in exercise, whether this was at the Project or going out for walks and to activity playgrounds. Meals and menu planning were reviewed by the young people with the aim of promoting healthy choices.

An innovative idea was to collect vegetable character soft toys that were on offer at a local supermarket. They were renamed by the children to encourage their recognition of vegetables and fruit. The scheme successfully achieved positive outcomes in helping to educate, support and inform the young people in a very relaxed and informal way.



The Melton staff team are presented with the Fundraising Award from Chief Executive, Nevin Ringland



Play equipment is used to promote healthy lifestyles with the children in the Melton Children's Respite Service

# Rising to the Challenge through Service Provision



Roger Lloyd and Anthony Scriven from Coombe House, in Kidderminster enjoy taking part in the gardening activities, organised as part of the scheme's healthy lifestyles programme



Nevin Ringland, Chief Executive, presents the Service User Nominated Award to the staff team at the Hope Street scheme from Douglas in the Isle of Man

## Rising to the Challenge in Coombe House, Kidderminster

Residents of Coombe House were also engaged in activities throughout the year which promoted wellbeing and encouraged healthy lifestyles. A number of staff and residents worked together to improve and cultivate the gardens around the home, growing flowers and vegetables in specially built beds.

## World Mental Health Day Seminar in Dundalk

Praxis Care held a seminar on the Management and Treatment of Personality Disorders at the Crowne Plaza Hotel in Dundalk, Co. Louth. The seminar was organised to coincide with World Mental Health Day in October.

A diagnosis of personality disorder is becoming increasingly common and can cause distress and upset to patients and families. This seminar explored the issues surrounding this disorder and offered some solutions and advice for patients, professionals and carers.

Praxis Care arranged this seminar in partnership with the Health Service Executive Louth. Speakers included Professor Harry Kennedy, Clinical Director, Central Mental Hospital Dublin; a service user who gave her perspective on using mental health services; Mr Jason Martin, Praxis Care Training Manager and Dr Christine Kennedy, a Consultant Forensic Psychiatrist, and Praxis Care board member from the Northern Trust in Northern Ireland.

## Success on the Isle of Man

The Service User Nominated Award for 2014 was won by the staff team at Hope Street in the Isle of Man. The award, which recognises excellence in service user care and support, was presented to the staff team by Chief Executive Nevin Ringland, during a visit to the island.



Left to Right; Speakers at the Dundalk Conference included Professor Harry Kennedy, Dr Christine Kennedy, Jason Martin, Diane Bardsley, with Nevin Ringland, CEO of Praxis Care

Over eighty delegates attended from across Ireland. There was useful discussion as to how services should develop north and south, and how mental health legislation will require further reform.



## New Service opened in Castleblayney

Praxis Care opened Iona House in Castleblayney, a residential home providing accommodation for eight individuals with intellectual disabilities resettled from hospital. The individuals were involved in the development of the service, helping to decorate their room, and adding personal touches throughout the house.

While still in its infancy, there is great excitement within the scheme that staff will assist service users to be active members of the local community in Castleblayney and enjoy everyday living as part of the local community.



*Iona House is the new service opened by Praxis Care in Castleblayney*

## New Service in Monaghan

A new service also commenced in Monaghan, with the opening of Holly Lodge cottage, in the grounds of St Davnet's Hospital. The cottage provides accommodation for three individuals with intellectual disabilities.



*Holly Lodge in Monaghan, the new service commenced by Praxis Care in the grounds of St Davnet's Hospital*

## New Service in Carrickmacross

The Castleross scheme is a new service in Carrickmacross, providing care and support to people with mental ill health and complex needs. The building is owned by Tuath Housing Association, and it is hoped that the service will expand in the near future.



*The new Praxis Care service which opened in Carrickmacross this year*



# Rising to the Challenge in Partnership with Service Users

Staff and Service Users making an impression at the Winter Ball in Trim

## Partnership with Service Users

Praxis Care is committed to service users being actively involved in the design, planning, development and delivery of Praxis Care services, and being active citizens in their local communities. Praxis Care has risen to this challenge.

## Winter Gala Ball in Trim

A number of services in the Republic of Ireland combined to host a very successful Winter Gala Ball for service users in November.

Staff from the Mullingar and Navan schemes, assisted by a group of service users, organised a Black Tie Winter Benefit Gala Ball. The event was held at the Knightsbrook Hotel Trim.

There was an orchestral music reception from 4pm, followed by a four course meal in the Knightsbrook Hotel. After the meal there was a raffle sponsored by local businesses and nearly every service user won something! Following this, a band played live music until the early hours. The event was a great success and enjoyed by all the service users who attended.



Staff and Service Users enjoying the Winter Ball in Trim



Staff and Service Users attending the Winter Ball in Trim

## Service User and Carer Awards Event

Building on the success of the first Service User Awards event in 2012, Praxis Care hosted a similar event in 2013 to recognise the contribution service users have made in rising to the challenge of ensuring services are of high quality and meet the needs of all.

The event was held at the La Mon Hotel and Country Club. Over one hundred service users, family members, staff members, and

guests attended the event which saw twenty-nine individuals receive awards in recognition of their own personal contribution to improving Praxis Care services and achieving personal goals.

Nevin Ringland, Chief Executive, recounted some stories from the early days of the organisation and expressed his appreciation to all who had helped it grow and improve over the years, before presenting the awards with special guest Lord Morrow.



*Mavis Rosborough received the Community Involvement Award for her commitment to a range of community activities in the Foyle area.*



*Another winner in the Community Involvement category was June Brooks from the Isle of Man, for her dedication to various community charity work on the island.*



*Ruth Hopkins was a winner of the Fundraising Award for her tireless and much appreciated efforts in raising funds for the Melton Project in Leicestershire.*



*Thomas Mongey was a winner in the Healthy Living category. His health improved dramatically after implementing a healthier lifestyle which included an exercise programme and a change of diet.*



# Rising to the Challenge in Partnership with Service Users

*Trainees from the Moving Up Programme with their certificates and awards*

## Moving Up Awards

The Moving Up Programme is a project funded through the European Social Fund which aims to enhance training and employment opportunities for trainees at Praxis Care's day services. The project is also aimed at further developing social enterprise schemes within Praxis Care. Trainees have benefited from Work Star assessments, one to one career guidance, access to accredited training, experience of social enterprise working, and access to employment.

During the Moving Up Project Awards Ceremony, trainees were presented with their National Open College Network (NOCN) certificates in recognition of work achieved throughout the year.

36 trainees achieved an NOCN Progression Award and 24 trainees achieved NOCN unit accreditations in a range of NOCN courses. The trainees involved with the Programme were also nominated for a number of special awards which were also presented at the event.



*Moving Up Programme trainees with their certificates and awards*



*Trainees from the Moving Up Programme with their certificates and awards*



Monica Thompson and Trevor Rhodie from the UP in Policy Group spoke to staff at the annual Quality Conference at Titanic, Belfast

## The UP in Policy Group

This important group of service users meets several times each year to help Praxis Care review and devise policy, produce information leaflets in a format accessible to service users, and attends events on behalf of the organisation.

The UP in Policy Group was involved in reviewing a number of policies during the year including the Social Media Policy, Confidentiality Policy, Data Protection Policy, Informed Consent Policy, Staff Agency Policy, and the Equal Opportunities Policy. The group also helped produce a number of information leaflets that have been issued throughout the organisation's services. This included leaflets on Complaints, Safeguarding, Physical Interventions and Protecting Personal Data.

Action plans were produced by Praxis Care following a review of the Winterbourne View Report and the Francis Report. The members of the UP in Policy Group were fully involved in the development of these action plans. Two members of the group also presented to staff at the Quality Conference on the recommendations from the action plans, with a special focus on recruiting the right staff for Praxis Care who will reflect the values of the organisation in their everyday practice.

## The PALS Group

The PALS Group is another group of service users who work closely with the Staff Development Department to develop and deliver effective, service user and values focused training to Praxis Care staff. Members of the group talk to new staff members as part of the induction to give them an idea of what it will be like to work for the organisation. They not only help improve services, but also help staff reflect on how their work and support make a difference in the lives of all service users.



Service users and staff members attending an UP in Policy Group meeting during the year



# Rising to the Challenge through Investing in People

Brian McCready, Assistant Director of Quality & Governance is presented with the Investors in People Gold Award certificate by Derek Baker, Permanent Secretary of the Department for Employment and Learning

## Investing in People to meet the Challenge

The challenge to provide quality services can only be met through the continued hard work and dedication of a skilled and well qualified staff team. Throughout the year, the organisation has risen to the challenge of investing in its staff to ensure they remain equipped to enable Praxis Care to fulfil its mission.

## Recognising Achievement

During the year, Praxis Care attended a recognition event in Belfast Castle organised by Investors in People. Praxis Care was presented with the Investors in People Gold Award certificate in recognition of the organisation's commitment to investing in its people.

The award was presented by Derek Baker, Permanent Secretary of the Department for Employment and Learning. Mr Baker said: "This is a very special occasion as it celebrates going above and beyond excellence, through Investors in People. We know that organisations that invest in their people are much more likely to survive difficult times and times of change. It is commendable that those organisations achieving additional accreditation have demonstrated a clear commitment to continue to invest in their people - and are indeed seeing the business benefits of doing so."

The Permanent Secretary continued: "One of the key things that differentiates an organisation is its people. This is unambiguous. Businesses are facing the same challenges; and it's tough out

there at the minute. So what gives a business the edge? It is your people. Your people, their skills, and how you manage them - that is what will transform your business performance."

Stressing the importance of the Investors in People process, Mr Baker concluded: "If you develop the skills of your employees and improve your employee engagement, success will ultimately follow. This has been proven, through working with Investors in People time and time again, and its relevance is as important as ever."

The Gold Award was a great achievement and a recognition, not only of the success of Praxis Care's strategies, but also, a recognition of the exceptional work carried out by all Praxis Care staff. Less than 5% of Investors In People recognised organisations have been successful at this level.

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**"If you develop the skills of your employees and improve your employee engagement, success will ultimately follow. This has been proven, through working with Investors in People time and time again, and its relevance is as important as ever."**

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## Developing Praxis Care's Talent to meet the Challenges

In order to achieve its objectives, Praxis Care believes its staff is critical to providing high quality and safe care to service users, enabling them to achieve the best possible outcomes. Therefore, Praxis Care seeks to be an employer of choice, by attracting, recruiting, retaining and developing the best talent. These aims are expressed in the organisation's Talent Management Strategy which was developed during the year.

Praxis Care is committed to promoting a learning culture and to developing staff members to their full potential. This strategy has been successfully delivered during the year through a comprehensive programme of in-house learning and development opportunities which provide the appropriate

mandatory training as well as offering additional specialist training and development.

In addition, Praxis Care provides opportunities for staff members to undertake and achieve a range of vocational qualifications. The Qualifications and Credit Framework is recognised by Praxis Care as an effective way of developing its people and recognising their skills and qualifications. During the year 50 staff members achieved QCF Level 3 in Health & Social Care, and 13 achieved QCF Level 5 in Management & Leadership. The successful completion of these awards help staff members progress their careers through Praxis Care, whilst at the same time assisting the organisation achieve its succession planning objectives.

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## Praxis Care Staff - Rising to the Challenge

Praxis Care staff was recognised for their work and achievements through the organisation's awards scheme. Over several months this year, staff at schemes were visited by Nevin Ringland, the Chief Executive, who presented individuals and teams with an array of well earned awards.

Nevin remarked, "I am extremely proud of the hard work, dedication and achievements of all Praxis Care staff who have assisted the organisation achieve its mission during the year."



The staff team at the Courtyard in Crumlin receive the Environmental Achievement Award from Chief Executive, Nevin Ringland



The staff team in Antrim were winners of the Team Work Award



The Health Improvement Award is presented by Chief Executive, Nevin Ringland, to the staff team from Dunmisk, Belfast



The Castleross staff team receive the Partnership Award from Nevin Ringland, Chief Executive



# Rising to the Challenge through Volunteering

*Volunteers, service users and staff from the Foyle Befriending scheme enjoy their evening at the Volunteer Awards.*

Praxis Care is fortunate to have the support of a valuable group of volunteers who continually rise to the challenge of adding value to services and enhancing the work of staff in the organisation.

Volunteers make a difference to the lives of individuals by offering skills, time and knowledge, and ultimately are a valuable part of the services provided by Praxis Care. There are over one hundred volunteers involved with Befriending services, as well as countless others who volunteer at schemes or take part in one off fundraising activities and events.

Not only are the lives of individual service users enriched through contact and friendship with a volunteer, these opportunities also provide volunteers with experiences which encourage many to pursue careers within the care sector.

## Recognising Volunteers

An event was held during the year at the Templeton Hotel, Templepatrick to celebrate, recognise and say thank you to all the volunteers who invest their time and skills in the work of Praxis Care.

Three volunteers shared their stories at the event, before guest speaker Nuala McKeever, and Nevin Ringland, Chief Executive of Praxis Care, presented a number of awards to volunteers in recognition of their years of service.



*Volunteers and staff from the Secret Garden in Hillsborough at the Volunteer Awards.*





Volunteers Emma Carter, Caroline Orr and Sarah Greer, who all received volunteer awards, are pictured with Janet Simm, Project Officer for the Antrim Young People's Befriending service.



Gerald McVeigh is presented with an award in recognition of twenty years volunteering with the Antrim scheme



Carmen Broad receives her award from Nuala McKeever and Nevin Ringland, Chief Executive, in recognition of her twenty years of volunteering with the Foyle Befriending Service



Thomas Palmer receives a volunteering award from Nuala McKeever and Nevin Ringland, Chief Executive, in recognition of five years volunteer service at the Secret Garden



Volunteers, service users and staff from the Magherafelt scheme attending the Volunteer Awards event in the Templeton Hotel, Templepatrick



# Rising to the Challenge through Fundraising

Geraldine Andrews, Fundraising Officer (pictured right) here with Denise McGuigan, teacher at Saintfield High School; pupil Caitlin Hunter; Arlene Creighton Institute of Fundraising; and pupil Emma Cherry

During times of financial austerity, fundraising activities can face many challenges. Praxis Care has consistently risen to these challenges through creative and innovative fundraising events, which have not only raised valuable funds for projects, but have also helped raise the profile of Praxis Care.

## Praxis Care sponsored 'Read It!' wins top Award

Praxis Care Sponsored Read It! won the Institute of Fundraising Northern Ireland, Event of the Year Award at the Institute of Fundraising Awards in Belfast Castle.

The Institute of Fundraising Northern Ireland Awards celebrate excellence in fundraising and reflect the Institute's commitment to championing best practice and acknowledging innovation, creativity in fundraising and the impact of successful partnerships and events.

Read It! was a fundraising event with a difference, helping schools to boost their literacy levels and allowing pupils to read for fun, whilst at the same time, supporting children and adults with learning disabilities and mental ill health.

The Praxis Care Sponsored Read It! Campaign demonstrated creativity in fundraising as it was an integrated fundraising and public relations campaign linked to the global theme of World Mental Health Day and Children's Book Week.

## Three Peak Challenge Scales New Height

Eleven volunteers literally 'rose to the challenge' by climbing three of the highest peaks in Ireland to fundraise for Praxis Care services. Over the space of an action-packed weekend, the brave volunteers scaled Lugnaquilla, the highest mountain in Co Wicklow, Mweelrea, the highest in Co Mayo, and Carruntoohil, Co Kerry, the highest mountain in Ireland. Between them the group raised nearly £8000 to improve the lives of Praxis Care service users.



Staff and volunteers on the slopes of Mweelrea in County Mayo during the Three Peak Challenge



The team from Foyle Workskills which took part in the Golf Classic Event included Paul McDonagh, Nicola Cooke, Gary Doherty and Mary Bradley



Tara Holton from the Kesh team was the winner of the Most Improved Female Golfer Award. Tara is pictured here with Derek McKnight and Michael Queenan, also from Kesh

## Praxis Care Golf Classic

The annual Praxis Care - Abbey Real Estate Golf Classic took place at the Hilton Templepatrick Town and Country Club. The event, which included a three course meal and an auction of celebrity golfing memorabilia, was a great success, raising a considerable amount of money for the work of Praxis Care.

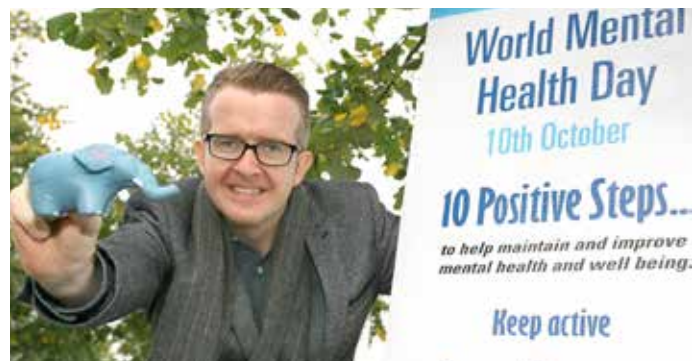
In addition to the seventeen teams participating in the event, there was a service user competition run by Eamonn Logue, Director of Golf at the Hilton Templepatrick Town and Country Club, with 14 service users from a number of Praxis Care schemes taking part.

## David Meade launches Praxis Care "Elephant in the Room" Campaign

Well known TV celebrity and mentalist, David Meade, launched the Praxis Care 'Elephant in the Room' campaign in October to celebrate World Mental Health Day for 2013. 'Elephant in the Room' is a national anti-stigma campaign designed to eliminate stigma associated with mental illness. World Mental Health Day is a day designated by the World Health Organisation in recognition of the seriousness of the consequences of mental ill-health on the individual, families and on the wider community.

Nevin Ringland CEO and Founder of Praxis Care:

**'Praxis Care is asking individuals to recognise mental ill health as the "elephant in the room" and take a positive step by supporting our anti stigma campaign.'**



David Meade, Mentalist and TV personality, launches the Elephant in the Room campaign as part of the events organised for World Mental Health Day



At the launch of Praxis Care's 'Elephant in the Room' Campaign are Nevin Ringland, CEO of Praxis Care; Claire McGlinchey, staff member; Maeve McLoughlin, MLA and Chair of Health, Social Services and Public Safety Committee; Ken Brundle, Chair of Praxis Care; Mavis Rosborough, Service User

# Rising to the Challenge through Good Governance

## Public Benefit

A charitable organisation is defined both by its purpose and by the public benefit which flows from the achievement of its objectives. Praxis Care's purpose is to empower adults and children with mental ill health, learning disability or acquired brain injury to enjoy everyday living. The Board, having due regard for its legal obligations, is confident that Praxis Care meets its public benefit requirements in each of the jurisdictions in which it operates.

## Senior Management Team

Authority to conduct Praxis Care's day-to-day activities is delegated by the Board to the Chief Executive, who is responsible for ensuring that the agreed activities are carried out and objectives achieved. The Chief Executive and the Directors form the Senior Management Team and each has clearly defined areas of responsibility and accountability. The Senior Management Team reports to the Chief Executive and meets weekly.

**Nevin Ringland – Chief Executive / Founder**  
BSc, Dip Bus Admin

**Robin Arbuthnot**  
**Director of Human Resources & Staff Development**  
BSc (Hons), MSc, Chartered MCIPD

**Pauline Flynn – Director of Finance**  
BSSc (Hons), FICA, FCIT

**Andy Mayhew – Director of Care (Operations)**  
BA, MSSc, CQSW

**William McAllister – Director of Care (Operations)**  
CSS, ASW

**Irene Sloan – Director of Care,  
(Quality and Governance & Development)**  
BSSc, MSc, CQSW, CASW, CSWL, ASW

## Risk Management

The Governance Committee is a sub-committee of the Board and meets regularly to monitor all aspects of corporate governance including ensuring that management plans are in place to mitigate all identified risks. A corporate risk register has been developed and is reviewed on an ongoing basis. The Board is satisfied that systems are in place to mitigate the charity's exposure to major risks.

## Board Members

**Mr Ken Brundle,**  
**Chair** – BSc(Hons)

**Miss Anne Vance**  
MA, Dip. Car.ED, LGSM-Speech

**Mr John Barrons**

**Dr Etta Eid-Jennings**  
MBE

**Dr Christine Kennedy**  
MRCPsych.LLM

**Mr Vincent Malone**  
Fellow of Institute of Bankers in Ireland

**Mr Donal McFerran**  
LL.B, M.Phil (Med)

**Mr John McGregor**  
**Vice Chair** - MSc Eng

**Mrs Carol Moore CB**  
MA, MBA

**Dr Oliver Shanks**  
MB, BCh, BAO, MRCP, FRCPsych

# Statement of Financial Activities

## Consolidated Statement of Financial Activities (incorporating the Income and Expenditure account) for the year ended 31 March 2014

	Unrestricted funds 2014 £	Restricted funds 2014 £	Total funds 2014 £	Total funds 2013 £
<b>Incoming Resources</b>				
Income from Generated Funds:				
Voluntary Income	12,419	-	<b>12,419</b>	<b>39,336</b>
Activities for Generating Funds	45,368	-	<b>45,368</b>	<b>60,413</b>
Investment Income	1,257	-	<b>1,257</b>	<b>43,354</b>
<b>Income From Charitable Activities</b>	<b>22,887,173</b>	<b>5,032,674</b>	<b>27,919,847</b>	<b>26,996,110</b>
Other Incoming Resources	8,581	-	<b>8,581</b>	<b>7,982</b>
<b>Total Incoming Resources</b>	<b>22,954,798</b>	<b>5,032,674</b>	<b>27,987,472</b>	<b>27,147,195</b>
<b>Resources Expended</b>				
Costs of Generating Funds	162,883	-	<b>162,883</b>	<b>149,160</b>
Charitable Activities	22,259,318	5,167,288	<b>27,426,606</b>	<b>26,313,565</b>
Governance Costs	279,311	-	<b>297,311</b>	<b>297,100</b>
Loss on Disposal of Fixed Assets	14,227	-	<b>14,227</b>	<b>22,834</b>
<b>Total Resources Expended</b>	<b>22,715,739</b>	<b>5,167,288</b>	<b>27,883,027</b>	<b>26,782,659</b>
<b>Net Incoming Resources</b>	<b>239,059</b>	<b>(134,614)</b>	<b>104,445</b>	<b>364,536</b>
Unrealised Gain/(Loss) on Investments	1,521	-	<b>1,521</b>	<b>(306)</b>
Unrealised Foreign Exchange Gain/(Loss)	(41,338)	-	<b>(41,338)</b>	<b>4,229</b>
<b>Net Movement in Funds for the Year</b>	<b>199,242</b>	<b>(134,614)</b>	<b>64,628</b>	<b>368,459</b>
Transfer Between Funds	-	-	-	-
<b>Total Funds Brought Forward</b>	<b>8,095,627</b>	<b>158,465</b>	<b>8,254,092</b>	<b>7,885,633</b>
<b>Total Funds Carried Forward</b>	<b>8,294,869</b>	<b>23,851</b>	<b>8,318,720</b>	<b>8,254,092</b>

# Service Directory

## Northern Ireland - Mental Health Schemes

<b>Antrim DISH</b>	Dispersed intensively supported housing for sixteen adults	<b>Foyle DISH</b>	Dispersed intensively supported housing for twelve individuals
<b>Antrim, The PARC</b>	Day care recreational activity	<b>Foyle Young People</b>	Supported living flat cluster for six individuals
<b>Antrim Single Service</b>	A service providing care for one individual	<b>Larne DISH</b>	Dispersed intensively supported housing for six adults, and a home response service
<b>Antrim Young People</b>	A befriending service for young people leaving care	<b>Larne Laurel Lodge</b>	Supported living group house and flat cluster for twelve individuals
<b>Ballyclare</b>	Supported group house and flat cluster with eighteen individuals	<b>Lisnaskea</b>	Flat cluster and floating support for eleven individuals
<b>Banbridge</b>	Supported living group house and flat cluster for sixteen adults, and a floating support service	<b>Lurgan DISH</b>	Dispersed intensively supported housing for twenty one individuals, and a home response service
<b>Bangor</b>	Residential flat cluster for six individuals	<b>Magherafelt</b>	Dispersed intensively supported housing for fifteen individuals, and a home response service
<b>Belfast Carers Advocacy</b>	A carers advocate is currently employed in the Belfast Trust area to support carers	<b>Newry Connaught House</b>	Supported living group house for five individuals
<b>Belfast Dunmisk</b>	Flat cluster for sixteen individuals	<b>Newry Kilmorey House</b>	Supported living group house and flat cluster for thirteen individuals and a home response service
<b>Belfast Upper Suffolk</b>	Dispersed intensively supported housing for sixteen individuals	<b>Newtownards</b>	Dispersed intensively supported housing for eight adults, and a home response service
<b>Coleraine</b>	Flat cluster for fifteen adults, and a home response service	<b>Portadown</b>	Dispersed intensively supported housing for seventeen individuals, and a flat cluster and group living accommodation for fourteen individuals
		<b>Praxis Care Counselling</b>	A service for the public offering face to face, group and telephone counselling

## Northern Ireland - Learning Disability Schemes

<b>Ballymena Cushendall Road</b>	A service providing care for one individual	<b>Hillsborough The Secret Garden</b>	A workskills programme, for fifteen individuals, where service users gain experience working in a coffee shop and garden
<b>Ballymena Hugomont</b>	A service providing care for four young people	<b>Kesh Day Care Centre</b>	Day care service for twenty-four individuals
<b>Ballymena Rainbow Lodge</b>	Eight bedded children's respite care unit	<b>Kesh Mantlin Cottage</b>	Residential care home for nine individuals
<b>Conlig Beechfield Respite Unit</b>	Children's respite care unit offering placements to thirty seven children	<b>Kesh Pettigoe Road</b>	Residential care home for twelve individuals
<b>Conlig Forest Hill</b>	Supported living accommodation for fourteen individuals	<b>Kesh The Willows</b>	Supported living accommodation for four individuals
<b>Conlig Work-skills</b>	A work-skills programme, for twenty seven individuals, where service users make, package and sell cookies to local shops and coffee shops as well as working in the gardening project	<b>Lurgan Castle Lane</b>	Supported living accommodation for nineteen individuals
<b>Crumlin The Courtyard</b>	Supported living accommodation for twelve individuals	<b>Lurgan Road Day Services</b>	A work-skills programme, for thirteen individuals, where service users make, package and sell cookies to local shops and coffee shops
<b>Foyle Cookie Company</b>	A work-skills programme, for twenty three individuals, where service users make, package and sell cookies to local shops and coffee shops	<b>Newtownards 80 Upper Movilla</b>	Three bedded residential unit
<b>Foyle Richmond Daycare</b>	Day care service for older adults	<b>Newtownards Adults Domiciliary</b>	Domiciliary care scheme for three individuals
<b>Foyle Rockmills Befriending</b>	Volunteer befriending programme for adults	<b>Newtownards Kimberley House</b>	Residential care home for thirteen individuals
<b>ESF Moving Up Project</b>	Provides training and employment skills for service users	<b>Portadown Forest Lodge</b>	Three residential care homes for thirteen individuals

## Northern Ireland - Older People Services

<b>Coleraine Floating Support</b>	A floating support service for older people	<b>Lisburn Parklands</b>	Supported living group house for eight individuals
<b>Foyle Clements Court</b>	Individual flats with housing support services for thirteen individuals	<b>Lisburn St Paul's Court</b>	Purpose built accommodation with fifteen bungalows and eight flats
<b>Foyle Floating Support</b>	A floating support service	<b>Lisnaskea Floating Support</b>	A mental health floating support service, and an older person's floating support service

## England - Mental Health Schemes

<b>Birmingham Floating Support</b>	A floating support service	<b>Dudley Floating Support</b>	A floating support service
<b>Bury Floating Support</b>	A floating support service for people with substance misuse issues	<b>Manchester Plasden Court</b>	Dispersed intensively supported housing for fifteen individuals, with an outreach service for four individuals

## England - Learning Disability Schemes

<b>Kidderminster Coombe House</b>	Nursing care accommodation for twelve individuals	<b>Trafford Malton Drive</b>	A supported living service for six individuals
<b>Kidderminster Rivermead &amp; 6 Baxter Avenue</b>	Provides support for four individuals	<b>Trafford Norwood Drive</b>	A residential home for six individuals
<b>Kidderminster Rose Orchard</b>	Nursing care accommodation for five individuals	<b>Trafford Weldon Road</b>	A supported living service for six individuals
<b>Leicester Glenfield and Melton Projects</b>	Children's respite care unit for eight children		

## Republic of Ireland Services

<b>Castleblayney Iona House</b>	Supported living accommodation for eight individuals with intellectual disabilities	<b>Monaghan Brookvale</b>	Community living for eight individuals
<b>Cavan Ard Na Greine</b>	Supported living accommodation for three individuals with intellectual disabilities	<b>Monaghan Castleross</b>	Supported living accommodation for one individual re-settling from institutional care
<b>Donaghmede Brookwood</b>	Residential unit for four young people with intellectual disabilities	<b>Monaghan Holly Lodge</b>	Supported living accommodation for three individuals with intellectual disabilities
<b>Drogheda Daycare</b>	A day service providing activities for individuals experiencing intellectual disability, mental ill health or autism	<b>Meath Navan Bective</b>	Children's weekend respite service
<b>Dublin Rush</b>	Community house providing care and support for three individuals with intellectual disabilities	<b>Meath Navan Meenalig and Swan House</b>	Supported living accommodation for eleven individuals with mild to moderate intellectual difficulties and challenging behaviour
<b>Louth Cornerstones</b>	Supported living accommodation for four individuals	<b>West Meath Mullingar</b>	Residential unit providing care and support to six individuals with intellectual disabilities

## Isle of Man Services

<b>IOM Glenroyd</b>	Supported living accommodation for five individuals with learning disabilities	<b>IOM Star Club</b>	Club house day centre offering drop-in service and training programmes
<b>IOM Home Support</b>	A home response service provided to individuals living at home	<b>IOM Supported Living Accommodation</b>	Supported living accommodation for five individuals, with an outreach service for another five individuals in Douglas

## Further Information

If you would like to receive more information about Praxis Care services or if you would like to receive this information in a different format, please contact:

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# Praxis Care

## Annual Report 2013/2014

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