

# Referral Criteria and Process

An application form and risk profile must be fully completed by recovery team or hospital in the Southern Trust

To qualify for Locke House and Locke House DISH, individuals must:

- Be experiencing, or be recovering from, mental ill health
- Be over 18 years old at the time of referral
- Reside in the Southern Trust area
- Have a range of support needs appropriate to the service
- Be agreeable to the referral being made and accept support



## Bespoke DISH Criteria

Referred individuals must:

- Be over 18 years with a diagnosis of learning disability
- Have a range of care and support needs appropriate to the service
- Be referred by the Southern Trust

Our staff receive specialist training in Mental Health First Aid including Recovery Orientated Practice, WRAP, Positive Behaviour Support, Suicide Awareness, KUF (knowledge and understanding framework for personality disorder), Addictions, Deprivation of Liberty, Safeguarding Level 1, 2 & 3 and Mental Capacity Act training. Staff also have a range of expertise working with individuals with mental ill health through qualifications, training and experience.



**Empowering lives that are valued, meaningful and inclusive, regardless of the complexity of need, every day.**

Praxis Care's Mission



[praxiscare.org](http://praxiscare.org)

### Enquiries or Referrals

Locke House, Portadown, BT62 3AN

028 3833 1196

[info@praxiscare.org.uk](mailto:info@praxiscare.org.uk)



## Locke House



**"Staff are fun, supportive and there for me."**

- Tenant



# About Praxis Care

## Shaped around the individual

We are a health and social care charity with 40 years' experience.

We work with 1,500 people with mental ill health, autism spectrum conditions, learning disabilities and dementia.

Our services are innovative, professional and high-quality for people across the spectrum of need, particularly at the higher level of complexity.

Our services for children, young people and adults are spread across Great Britain, Northern Ireland, the Isle of Man and the Republic of Ireland.

We co-develop bespoke plans for individuals in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes.

# Locke House

## Supported living facility

Locke House is a Supporting People facility for adults (age 18+) with enduring mental ill health. Individuals are supported to live as independently as possible with planned support from Praxis Care staff. Housing is included when at the service.

Care and support are tailored to each individual to optimise levels of independence and promote their wellbeing. Tenants must be willing to be supported with housing-related support and to achieve personal goals relating to their mental health diagnosis and wellbeing.

### LOCKE HOUSE

Locke House is a 14-place Supporting People service funded to deliver housing support with care. It consists of group housing and a flat cluster model within the complex and includes 7 individual flats, 7 ensuite individual bedrooms and communal areas. Staff support is available 24/7.

### LOCKE HOUSE DISH

Locke House DISH provides daytime support in a community setting. This is a 17-place dispersed Supporting People service funded to deliver housing support with care. Individuals can access support via the main Locke House service 24/7.

### BESPOKE DISH

There is additionally a bespoke DISH service funded by the Southern Trust supporting 4 people with a learning disability in a community setting.

# Range of Support Available

## Setting up a home

- obtaining appropriate housing
- acquiring necessary household items
- locating local services and amenities

## Maintaining a home

- support with paying bills
- maintaining the property and reporting repairs
- ensuring safety around the home

## Developing social skills

- maintaining relationships with family and friends
- maintaining relationships with neighbours
- assistance getting involved in social and community activities

## Developing life skills

- assistance with activities that encourage greater independence
- assistance in accessing education courses
- assistance in finding work or appropriate daytime activities
- support with shopping and meal preparation
- dealing with correspondence
- assistance with staying safe

## Benefit advice & budgeting

- assistance accessing benefits
- support with budgeting and managing finances

## Health & wellbeing advice

- encouragement to keep appointments
- support maintaining appearance and hygiene
- recovery-based support with mental health issues
- advising on physical and sexual health
- encouragement to get involved in sports and exercise

## Accessing appropriate help

- signposting to appropriate professional services, such as debt management, or other mental health services

## Care tasks

- help and support managing medication
- health care tasks
- specific rehabilitation tasks
- therapeutic behaviour management

**“There is a great sense of community surrounding my dad. Praxis have changed his life for the better.”**

- Relative

