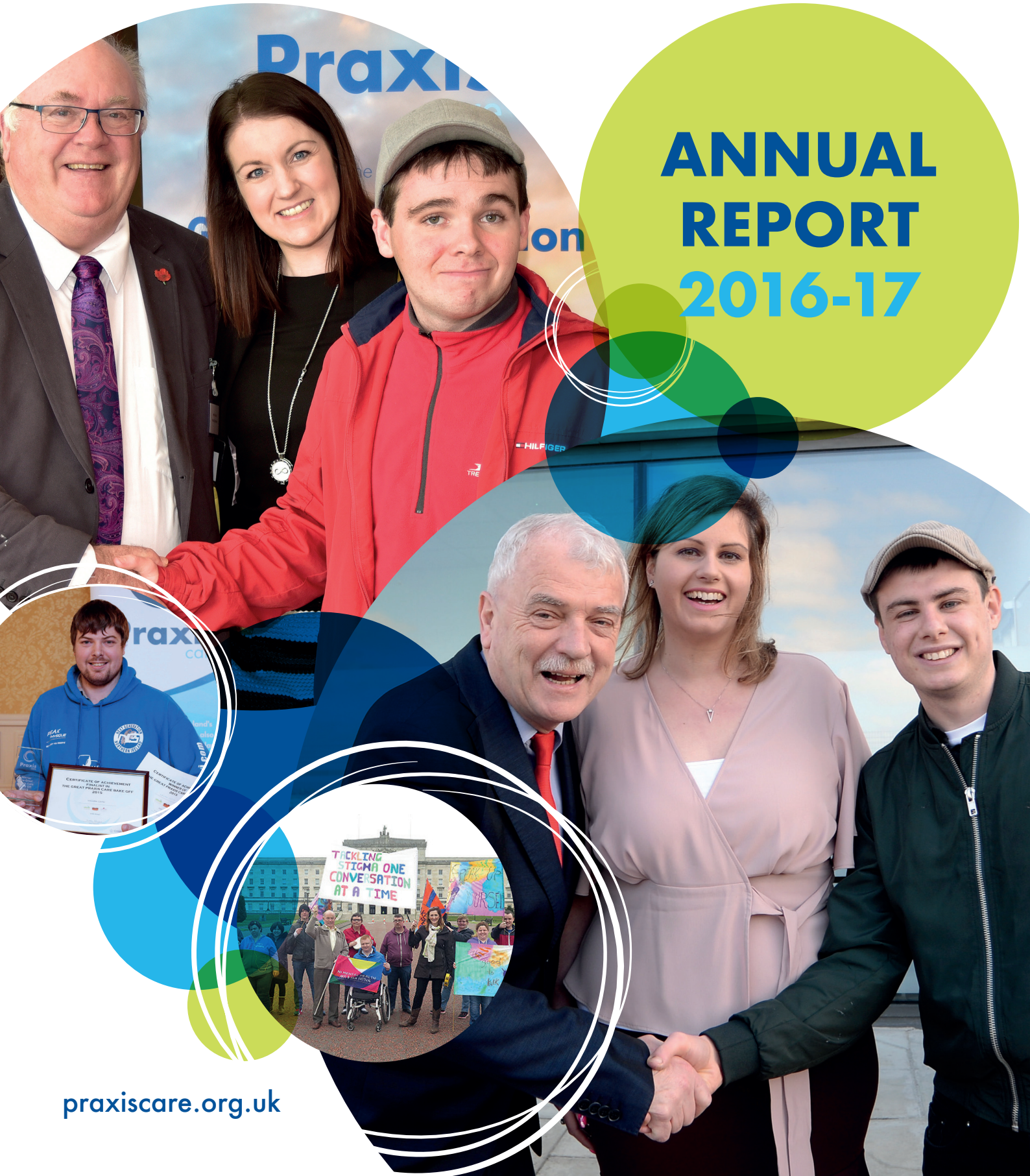


PROVIDING SPECIALIST CARE FOR COMPLEX NEEDS



ANNUAL REPORT 2016-17



CONTENTS

Foreword	4
Our Vision and Values	5
Introduction: Specialist Care for Complex Needs	6
Complex Needs: Adult Learning Disability & Autism Accommodation and Support Services	8
Complex Needs: Adult Learning Disability & Autism Day Activity Services	9
Complex Needs: Children's Learning Disability & Autism	10
Complex Needs: Adult Mental Health Services	11
Giving a voice to Service Users	12
Working in Partnership	13
Supporting, Developing and Valuing Praxis Care Staff	15
Valuing Staff	16
Supporting, Developing and Valuing Volunteers	18
Praxis Care - The Future	20
Appendix	
Map of Services	21
List of Services	22-23
Board of Trustees	24
Financial Accounts	26
Acknowledgements	27

FOREWORD

“Welcome to the Praxis Care 2016/17 Annual Report. It has been a busy and successful year for Praxis Care, where we have continued to deliver highly specialised care and support services to an increasing number of individuals living with complex needs and who have Mental Ill Health or a Learning Disability. We have made progress on many fronts, including the development of our service provision and the design of the ‘Praxis Model of Care’, whilst establishing exciting new growth across the UK and the Republic of Ireland. We do, however, acknowledge that our successes do not come without challenges and we continuously ensure that these are addressed appropriately and in a timely way.

One challenge we face is the growing demand for support services and care facilities for individuals with complex needs. We receive an increasing number of referrals for people living with a Learning Disability, but whose conditions also co-exist with Autism, Mental Ill Health, or Dementia. This combination of a number of conditions results in the requirement for a very specialised, bespoke approach to meet their needs, manage risks, and offer the opportunity for living in the community. That, alongside the challenges associated with operating across different jurisdictions, means that the scale and complexity of any issues are magnified.

It is our belief that providing the highest level of care and support to Service Users and their families in a sustainable manner is our greatest challenge, but also our greatest hope for a better life for our Service Users irrespective of the complexity of their needs. Praxis Care works to help individuals with complex needs live the life they choose and empower each person to live as independently as possible. We strive to put our Service Users at the centre of everything we do as an organisation. We also work with Service Users to determine how we might innovate to improve our service quality, Service User experience and safety through the Praxis Care Service User Involvement



Ken Brundle
Chair




Nevin Ringland
Chief Executive



Group and the Praxis Care Advocacy and Learning Support Group (PALS). Their participation means that our services and the design of support packages for others are developed in conjunction with those at the receiving end of those or similar services.

We believe that each staff member and volunteer has a unique role to play in delivering the vision of Praxis Care. Our staff are passionate about the quality of care and support each person receives and it is their commitment to supporting Service Users which helps elevate Praxis Care to the forefront of service delivery. Similarly our volunteers have an invaluable impact on the lives of our Service Users. Our annual Staff and Volunteer Awards recognise and acknowledge the work they do and again we would like to give our utmost thanks to everyone in the Praxis Care team.

As a new year begins we dedicate ourselves to the responsibilities defined in our mission statement and values. We will continue our commitment to our employees, without whom our high quality services would not be possible. We firmly believe there is no organisation better positioned to be recognised as a leader in the provision of care for complex needs and we look forward to our year ahead.”

PRAXIS CARE MISSION & VALUES

The Vision, Mission and Values of Praxis Care establish the underlying ethos of the organisation and define the direction and strategy of the charity. We are wholly committed to our values and believe them to be key to our overall organisational performance and care of our Service Users.



VISION

“Passionately caring about everyday living”



Empowering adults and children with Mental Ill Health, Learning Disability, or Acquired Brain Injury to enjoy everyday living, irrespective of the complexity of their needs.

Mission Statement

VALUES

Promoting Independence - the purpose of Praxis Care

Praxis Care will help every individual to become as independent as he or she can be, to reach their full potential, and be active citizens in their communities.

Praxis Care will enable individuals to make informed choices about their own lives, and involve them in all aspects of the work of Praxis Care through the organisation's commitment to a user focused ethos.

Promising Integrity - the principles of Praxis Care

Praxis Care will respect the rights of every individual, ensuring that their confidentiality, privacy and dignity are secured.

Praxis Care will act honestly, openly and with transparency in all interactions with Service Users and their representatives, stakeholders, and the public.

Praxis Care will foster and promote a sense of social responsibility throughout the organisation to the benefit of the environment, local communities and everyone with whom the organisation comes into contact.

Protecting Individuals - the professionalism of Praxis Care

In all the organisation's actions, the best interests of Services Users are paramount.

Praxis Care will carry out its work in partnership with other organisations, safeguarding individuals, ensuring risk is managed and encouraging positive risk taking.

The organisation's focus on continuous improvement means that it strives for the highest standards, with current best practice guiding everyday service delivery.

The staff at Praxis Care are committed to their own professional development and to maintaining the highest codes of conduct expected by Service Users and the public.

INTRODUCTION

Specialist Care for Complex Needs

Praxis Care specialises in the care and support of people with complex needs, arising from one or a combination of the following conditions:

- Learning Disability
- Autism
- Mental Ill Health

These are broad categories, each with infinite variations on how they affect the individual.

The commonality for the people we support is that the impact of their condition presents a very significant barrier to their enjoying the benefits of community living.

Our mission commits us to providing that opportunity for everyone and we are increasingly focused on helping those who face the most daunting obstacles to community living.

Praxis Care is involved in service provision across the broad spectrum of need. We are particularly excited and motivated by our success in helping those

who face the greatest challenges realise their ambitions of living in their own homes, in their communities of choice and engaged in activities that interest them.

As our experience in working with complexity has increased, we are acutely aware that getting the support and accommodation mix right for the individual is not only a hallmark of quality, but an essential foundation, without which the placement will break down.

Many of our Service Users will exhibit their frustrations, anxieties and illnesses with behaviours that challenge traditional services and societal norms. Our approach is to help the person reduce those behaviours, enhance their self-management skills, learn more effective ways of communication and manage the situation safely when behaviours do occur.

Everyone deserves an opportunity; we owe it to our Service Users to discover what works for them and bring the learning into our practice and service models across the organisation.



COMPLEX NEEDS

Adult Learning Disability and Autism Accommodation and Support Services

Praxis Care provides community based accommodation and support to adults with Learning Disabilities and/or Autism, whose needs are complex and can manifest in behaviours that challenge mainstream services.

Finding the right place to live is key to empowering adults to work towards independent living. We develop bespoke accommodation and support services which are adapted to the needs of the individual and we work to combine personalised support with developing life and social skills which help Service Users lead the lives they want in their local communities.

‘I wanted to live independently from day one and Praxis Care helped me to do that.’

“That’s me, William, in the middle”

William is pictured centre with Richard McClean, MD Belfast Telegraph (far left); Nevin Ringland, CEO Praxis Care (far right) and other Praxis Care Service Users.

Service User, William, shares his journey of life in Praxis Care’s Adult Supported Living Service:

“I began using Praxis Care services at 15 years of age when I attended a Praxis Care Day Service before moving full time to the Praxis Supported Living Accommodation scheme. Once I was 18, I moved into a Praxis Care Adult Supported Living house in Ballymena where the staff helped me to eventually move into my own accommodation and live independently which is what I always wanted to do.

I would say my life has changed for the better since coming to Praxis Care; there is a good atmosphere here. Also, the staff are really helpful and always have time for you. They have helped me with day-to-day tasks such as tidying my room, making my bed, doing the laundry, gardening, cooking and budgeting. They have taught me the skills I needed to live on my own.

I have a girlfriend now, so eventually I would like to have her move in with me. I would also like to start attending a local day activity centre. To anyone thinking of coming to Praxis Care, I would say ‘do it!’ The staff will always help you and listen to what you want and need.”

Praxis Care continues to develop a reputation and expertise for developing accommodation services for individuals with high needs. Our current provision of supported accommodation services range from the flat cluster model to more dispersed, but equally intensively supported, housing where Service Users either live on their own or share with a small number of individuals with similar requirements.



“Jordan’s my name and I am on the right”

Jordan Taaffe is pictured with Finian McGrath, Minister of State for Disability Services, at the opening of the Clongriffin Day Service.

COMPLEX NEEDS

Adult Learning Disability and Autism Day Activity Services

Praxis Care believes that every individual, irrespective of the complexity of their needs, has the right to meaningful activity during the day. Our Day Activity Services aim to provide each individual with the opportunity to pursue educational and vocational interests, leading to attainment of formal qualifications, and, for some, providing a gateway to work placements and employment. It also helps Service Users acquire useful life skills and increase their self-reliance.

Our staff provide person-centred support to ensure each person reaches their full potential and encourage Service Users to lead a full and active life in their local communities.

‘Over the past year my biggest challenge has been using public transport; I used to get really nervous and would have panic attacks. Praxis Care staff have helped me to overcome this by getting on the bus with me and teaching me how to cope with the journey. Now I am able to travel on my own.

Praxis Care has also supported me in becoming more independent and has helped me with the practical things in life such as looking after myself and getting a job as a handyman. The staff have also helped me to become more involved in the community and take part in social activities where I have made friends.

Praxis Care has given me opportunities that weren’t possible before. I get to do more with my life; I attend different courses, do voluntary work and help some of the schemes with recycling. A hobby of mine is performing rap music and Praxis has helped me to get work in the local radio station. They have made a huge, huge difference to my life. For me, Praxis is the right choice, definitely the right choice.”

Praxis Care operates Day Service facilities for adults with Learning Disabilities and Autism in North Down, Portadown, Foyle and Drogheda. This year, Praxis Care opened another Day Service in North Dublin which offers valuable development programmes for 17 adults with Intellectual Disability, Autism and complex needs.

‘For me Praxis Care is the right choice, definitely the right choice’

Jordan, attends a Praxis Care Day Service in North Dublin. Here he shares his story:

“I currently live at home in Castlemoyne with my parents and two brothers. Before Praxis Care I attended a school in Donaghmede until the age of 14, before attending another Day Service in North Dublin. I was then referred to Praxis Care when I was 18 years old by the Health Service Executive (HSE).



COMPLEX NEEDS

Children's Learning Disability and Autism Accommodation and Support Services

Praxis Care is at the forefront of providing accommodation services for children and young people with a Learning Disability and Autism. We recognise that every young person is unique and we work to understand the particular needs of a child and their families before offering a placement.

Praxis Care staff are dedicated to providing the optimum level of care and support so that each child has the opportunity to reach their full potential and develop the skills required to transition into adulthood. Young people are supported in their own individual needs and aspirations and are encouraged to have an active approach in their chosen social and leisure activities.

Praxis Care's current provision of Children's Residential Services includes both short and long term stay respite in Ballymena, Leicester, North Down and North Dublin.

We recognise that every young person is unique and we work to understand the particular needs of a child and their families before offering a placement.

Adult Mental Health

Praxis Care believes that anyone experiencing a Mental Health condition should have the opportunity to live their lives as they choose. We provide a range of accommodation and support services throughout the UK and Ireland including supported living, domiciliary care, day activity, counselling and befriending services, to ensure that those with Mental Ill Health are fully supported within all aspects of their lives.

Praxis Care recognises that a Mental Health condition may lead to feelings of isolation and loneliness. Praxis Care staff focus on identifying and building on the skills of each Service User, and providing opportunities for individuals to feel empowered and in control. Staff actively encourage each Service User to participate in the planning and management of their own social routine, enabling them to live productive and healthy lives.

'I like Praxis because they help me to pursue my hobby and follow my own interests. I'm also more independent since moving here.'

Leona has been a Service User of Praxis Care since 2014. Read her story below:

'I have been with Praxis for four years living in Castleross. I like it here; I've met more people and I like the people that work with me. I have an eating disorder and was diagnosed with Multiple Sclerosis at the age of 17. I have to attend different medical appointments and the Praxis Care staff help me attend these appointments; I see a psychiatrist, dietician, GP and neurologist on a regular basis.

The staff also take me shopping, to visit different places, and take me to other Praxis Schemes to sing. I like singing; it's a hobby of mine. I have to say I would have never have had the encouragement to sing in front of people if it wasn't for the Praxis team, they say it's a hidden talent!

I recently sang at the opening of Clongriffin Day Services and have travelled to other schemes including Navan, Brookvale, Mullingar and Cavan. Praxis Care helps me to pursue my hobby and follow my own interests. I'm also more independent since moving here. I control my own finances, I do my own shopping and I visit my mother and father 2-3 times a week.

In the future I would like to counsel people with eating disorders but first I need to get completely over it myself. I would like to do a course in peer-to-peer counselling. I would tell anyone thinking of using a Praxis Care service that it would be a good move.'

In the past year, Praxis Care has continued to expand Mental Health services across all jurisdictions. In particular, the Cognitive Behaviour Therapy (CBT) counselling services have been extended across Northern Ireland.



"I'm in the middle"

Leona is pictured centre with Praxis Care staff

GIVING A VOICE TO SERVICE USERS

Service Users are at the heart of the work of Praxis Care and as an organisation we are committed to ensuring their involvement is an intrinsic and essential component of service design and delivery. Praxis Care has empowered Service Users to meaningfully engage with staff in improving the quality of services and in the training of staff. This is achieved through the Service User Involvement Group and the Advocacy and Learning Support (PALS) Group.



Praxis Care Service User Involvement Group

The 'Praxis Care Service User Involvement Group' meets regularly with staff from the Quality and Governance Department to review, develop and deliver the policies and practices of Praxis Care.

Group discussions explore the effect of practice on Service Users and ideas are presented to the Praxis Care Governing Board. Some of the group's more recent work involved reviewing and updating the complaints leaflet, the website and this year's Annual Report.

Praxis Care Advocacy and Learning Support Group (PALS)

The Praxis Care Advocacy and Learning Support (PALS) group is hosted by the Learning and Development Department, in partnership with operational schemes. PALS exists to coordinate Service User participation in the co-production of learning and development initiatives for Praxis Care staff.

Recent work includes a new mission statement and awareness-raising campaign for Praxis Care. In addition, a number of key priorities were established with the aim of realising the group's ambition: that Service Users are at the heart of the design and delivery of learning opportunities for staff. The group has recently welcomed a number of new members and hopes to welcome additional members over the coming year.



WORKING IN PARTNERSHIP

Praxis Care is committed to developing and working in partnership with other organisations with a similar ethos. By working together we have a greater voice and deliver greater impact to change policy and transform services with the aim of making an even bigger difference to people's lives.



Together For You

Praxis Care, along with eight leading Mental Health charities, ran the 'Together for You' programme. Over the course of the programme 52,000 individuals benefited from new services in Northern Ireland. The programme enabled Praxis Care to expand both Volunteer Befriending and Cognitive Behaviour Therapy (CBT) Counselling services.

The 'Together for You' project was funded by the Big Lottery Fund and led by Action Mental Health (AMH), working with Praxis Care, Aware, CAUSE, CRUSE, MindWise, Nexus, Relate NI and The Rainbow Project.



Northern Ireland Mental Health Arts and Film Festival

Praxis Care contributed to the Northern Ireland Mental Health Arts and Film Festival, which is a partnership of 22 Mental Health organisations. Each year, the partnership runs a series of events as part of the festival to celebrate Mental Health and challenge the stigma associated with Mental Health. This year, the Festival ran 200 events in 50 separate venues with Praxis Care Service Users participating in the launch of the festival and art workshops.

THE HUB IS PRESENTED WITH GAISCE IRISH PRESIDENT'S AWARD

Five Praxis Care Service Users won the prestigious GAISCE President's Award (Bronze). This award is earned by young people between the ages of 15 and 25 years old who have participated in a range of activities over a certain time period and who have displayed significant development through the achievement of personal challenges.

The individuals receiving the award were Maria Mulvin, Cormac Corboy, Donal Durnin, Kevin Nolan and Chloe Tallon, who are all Service Users in The Hub Day Service (Drogheda).

Maria Whelan, Temporary Manager, The Hub Day Service, Drogheda and Manager of Dunboyne Day Services commented:

"Each of the Service Users attends The Hub Day Care in Drogheda on a full time basis Monday to Friday. Each has a diagnosis of Autism and Intellectual Disability as well as complex needs. For many of the group staying away from home, particularly without family, was an immense achievement."

All five Service Users undertook 13 weeks of community involvement, physical recreation and personal skills development and stayed at a residential scheme.



Maria Whelan (Temporary Manager, The Hub Day Service, Drogheda) and Kevin Nolan (Service User) presented with award by Mary Yore (Regional Development Officer, GAISCE)

SUPPORTING, DEVELOPING AND VALUING PRAXIS CARE STAFF

Praxis Care staff are central to making a difference to the lives of people with complex needs. Our staff are enthusiastic, motivated, flexible and compassionate, with a passion for supporting people to ensure that Service Users enjoy the highest quality of life.

Praxis Care is committed to ensuring all staff members are appropriately trained and qualified for the tasks they undertake. Staff working with complex needs individuals require knowledge of the different conditions affecting that person and how they can impact on that person's life. Praxis Care, therefore, creates specifically designed, bespoke training packages enabling staff members to work with a particular individual and provide a highly individualised support network tailored to the specific and unique needs of each and every person. Over 5,000 training sessions were completed by Praxis Care staff in 2016-17.

Praxis Care supports career development and progression via an established staff development strategy, based on the principles of continuing professional development and the establishment of a learning culture across the organisation. This strategy offers employees the opportunity and training required to progress from Support Worker through to a Senior Leadership position.

Leah Mooney began her career with Praxis Care as a Support Worker before progressing to become a Team Leader in Praxis Care's Connaught House, Newry. She was awarded an accreditation in Dementia Care from the University of Stirling through Praxis Care's learning and development strategy:

"Throughout my career with Praxis Care I have been able to undertake specialist training in care provision. The training and courses are tailor made for each individual and I use my new knowledge on a daily basis within the scheme."

"Following the completion of my degree I took up a post in Kilmorey House which is a Mental Health scheme for almost two years before joining Connaught House in February 2015."

Connaught House is a residential facility for eight Service Users all with Korsakoff Syndrome whereby their short term memory is significantly impaired, therefore creating significant risks within their daily lives. When I began working in Connaught House I had little knowledge of Korsakoff Syndrome or the practicalities of working with Service Users with such diagnosis. I felt that further study in this area would be an opportunity to build on my experience of working in a residential care facility and my knowledge of Dementia, but more particularly, 'Korsakoff Syndrome'. I felt this was particularly important given that we are the only specialist Korsakoff scheme in Northern Ireland.

I completed my accreditation in Dementia Care through the University of Stirling which has completed extensive research through its Dementia Services Development Centre into improving the quality of life for those with Dementia through everyday care and support.

With the majority of the staff team completing the course, we were able to have discussions during the sessions specific to the Service Users in Connaught House and our practice with them. As a result of our learning we were able to take a more objective outlook and re-assess our practice; for example, we were able to make our practice more person centred and less task focussed which in turn has benefited the Service Users' overall wellbeing with minimal disruption at scheme."

Praxis Care is committed to the continuing personal and professional development of staff. The opening of a new Praxis Care Learning and Development facility in 2018 will combine innovative research with an internationally recognised and accredited training portfolio. This will ensure that all staff members will receive entirely bespoke and specifically designed training programmes while enabling the development of our service provision to further improve the lives of individuals with complex needs.



VALUING STAFF

Staff Awards

Praxis Care's dedicated staff and teams go to exceptional lengths to provide outstanding care and support to its Service Users. Each staff member has a unique role to play in delivering the vision of the charity.

The annual Praxis Care staff awards are an opportunity to recognise and acknowledge this work.

Nevin Ringland (CEO, Praxis Care) said:

'The staff nominated and winning awards represent all that is good about Praxis Care. Without the dedication and commitment of all our staff we would be unable to provide such high quality care and support.'



Outstanding Team Award presented by Carol Breen (Director of Care Ireland) to the team at Navan Bective.

Below are some of this year's winners:



Pat Cassidy, Exceptional Leadership Award presented by Nevin Ringland (CEO) to Wendy Green (Manager, Glenroyd and Ingledene, Isle of Man).



Dr Etta Eid-Jennings Outstanding Performance Award presented to Michelle Markey (Manager, Navan Bective) by Carol Breen (Director of Care Ireland).



Maria McConnell Exceptional Values award presented by Cathy Lyness (Manager Lurgan Castle Lane) to Adam Hawthorne (Lurgan Castle Lane).



Rewarding Initiative Award presented to Anouska Noble (Foyle Services) by Andy Mayhew (Group Director of Care and Development).



Service User / Carer Nominated Award presented to Sharon Hinds (Banbridge) by Nevin Ringland (CEO).



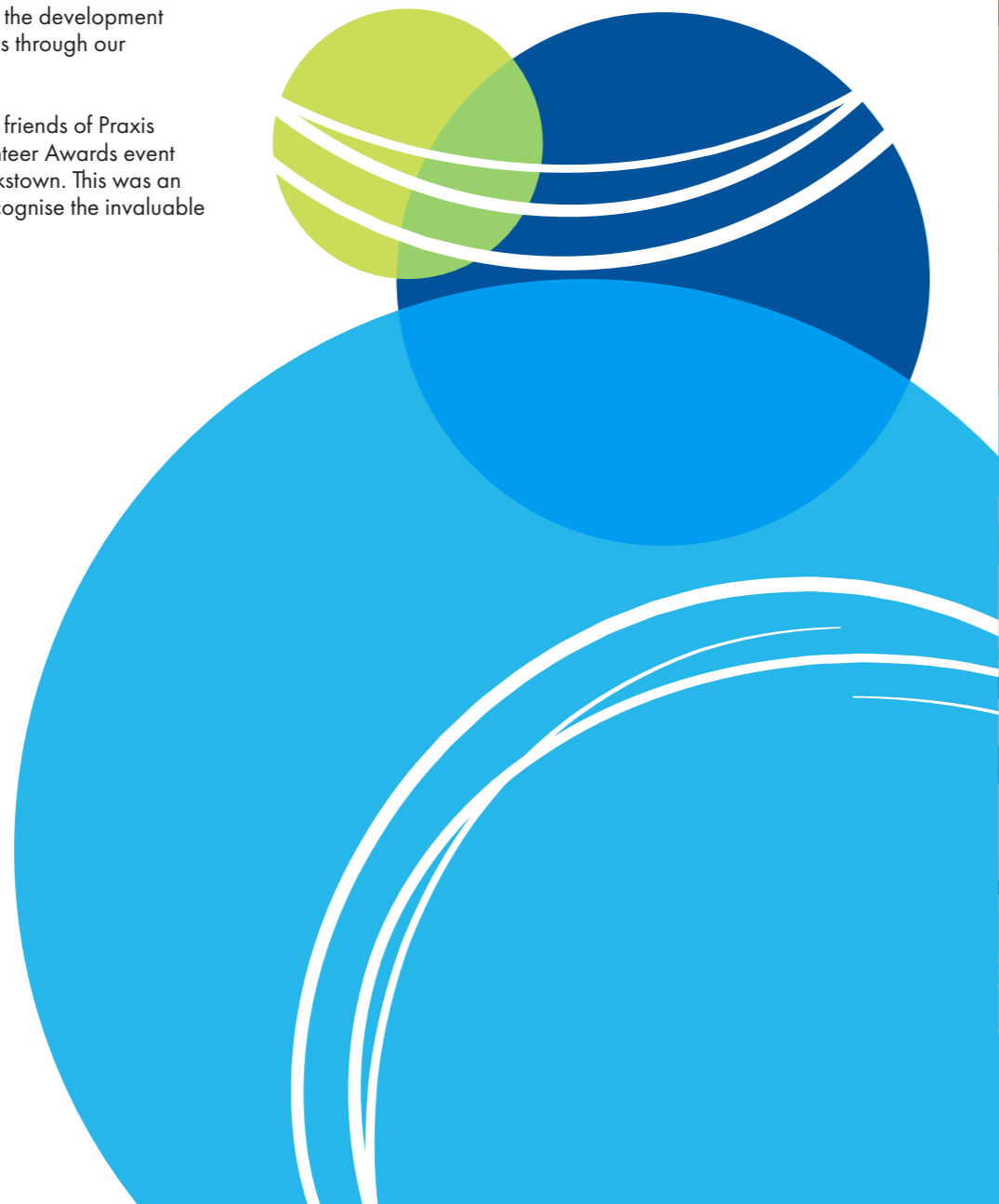
Service User Involvement Award presented to staff team at Glenroyd and Ingledene, Isle of Man.

SUPPORTING, DEVELOPING AND VALUING VOLUNTEERS

Praxis Care's volunteers have an invaluable impact on the lives of individuals with complex needs, helping to minimise the feeling of isolation, reduce pressure on families and build confidence and self-esteem in individuals who have mental ill health or a learning disability. There are over 150 Praxis Care volunteers across Northern Ireland and Isle of Man.

Praxis Care recruits, trains and supports volunteers on an ongoing basis and facilitates the development of friendships and peer relationships through our Befriending Scheme.

Volunteers, Service Users, staff and friends of Praxis Care gathered for the annual Volunteer Awards event in the Glenavon House Hotel, Cookstown. This was an opportunity to share stories and recognise the invaluable contribution of volunteers:



Aine McCann and Colette Kelly (Praxis Care Foyle Rockmills).



John Barrons (Board Member Praxis Care) with Helen Charles and Victoria Watt (Praxis Care Antrim).



Praxis Care Staff, Portadown who provide support to volunteer/befrienders.



Susan Brewer (Praxis Care Volunteer) collects 5 year service award for Jane Scott (Belfast) from Nevin Ringland (CEO, Praxis Care)



Mary McEneaney (Praxis Care Volunteer, Magherafelt) collects 10 year service award from Nevin Ringland (CEO, Praxis Care).



Niall McManus (Praxis Care Volunteer, Derry) collects 10 year service award from Nevin Ringland (CEO, Praxis Care).

PRAXIS CARE THE FUTURE

Andy Mayhew, Praxis Care Group Director of Care and Development



As an organisation, Praxis Care has experienced a significant increase in the demand for specialised services and the number of referrals of individuals with complex needs. Andy Mayhew, Praxis Care Group Director of Care and Development, discusses plans for the future and development of the new 'Praxis Model of Care':

'Praxis Care has experienced significant growth in the past year most notably in the demand for specialised services for people who have Mental Ill Health and/or a Learning Disability and who have complex needs.

Over a number of years, government policy has moved away from locating individuals with very complex needs in secure hospital environments, to encouraging their relocation and integration into community settings. This provides greater opportunities for independent living and Service User control over their own lives.

More than ever, Praxis Care is providing support packages to people with these very complex needs and it is our proven experience of working with complexity and using evidence based practice which reassures Service Users, families and commissioners.

People with complex Mental Health issues may also have a drug or alcohol problem, a personality disorder, or another condition. People with a Learning Disability may also have a Mental Health condition, Dementia, or a physical disability. These individuals require significant levels of specialised support. They may have had negative experiences of placement breakdown in the past and often there are attendant risks which need to be carefully considered and managed.

Significant numbers of people with a Mental Health issue and/or a Learning Disability have complex needs such that living with others can be difficult and, for some individuals, their behaviours challenge existing service models. They could become isolated, living solitary lives, which brings its own problems. Praxis Care has created an accommodation design "The Praxis Model" which addresses this issue, facilitating flexibility between privacy and individual living space with opportunity for peer relationships.

Other benefits of this model include the opportunity for staff to develop skills by working with different Service Users as well as economies of scale, enabling us to deliver more support for the funding available. Praxis Care involves both the Service User and their families in the design of the accommodation and support mix from the initial stages of the referral process.

At this stage we work with the Service User, their families and professional staff to identify the Service User's needs and preferences and incorporate these requirements into our proposal. This includes consideration of a wide range of factors, from medical needs, the physical layout of the accommodation and their choice of decor, to their preference for male or female staff. The Service User may also want to continue involvement, or engage in different activities which can impact on the preferred location of the accommodation. This informs us of the connections we need to make with other agencies, who can then become partners in the overall support package.

Praxis Care acknowledges that every person is unique and the support they receive should reflect that a 'one-size-fits-all' approach is not applicable. Staff working with complex needs require knowledge of the different conditions affecting an individual and an understanding of how these interlocking conditions impact on that person's life. Training is specially designed to allow staff to work with a particular person, tailored to the challenges they face, and what they want to achieve.

Delivering this approach is not without its challenges. Praxis Care operates across the UK and Ireland and many factors need to be considered when developing our services. For example, regulations across Northern Ireland, Republic of Ireland, England and Isle of Man differ, as do the training and qualification requirements for staff. Local market conditions with regards to the sourcing of property can also vary greatly across all of our jurisdictions. It is important to understand these external factors and respond appropriately, with a differentiated approach to reflect local conditions. As an organisation, Praxis Care works to develop and maintain relationships with commissioners, through ensuring transparency in our service provision, developing confidence in our services and the quality we provide.

Praxis Care believes that complex needs should not prevent someone from having the opportunity of community living. Providing a person with the right living environment, with a completely person-centred support package, designed around their needs and what is important to them, means that everyone, regardless of the complexity of need can make meaningful choices about the lives they lead."

APPENDIX

1.0 Map of Praxis Care Services

A map showing the location of Praxis Care Services across the UK, Isle of Man, Northern Ireland and Republic of Ireland.



2.0 List of Praxis Care Services

A full breakdown of Praxis Care Services across the UK, Isle of Man, Northern Ireland and Republic of Ireland:

Northern Ireland

NAME/LOCATION	COUNTY	CLASSIFICATION	TYPE
Antrim DISH	Antrim	Mental Health	Adult Residential supported living
Antrim Young People	Antrim	Mental Health	Befriending Service
Ards Domiciliary Care	Down	Learning Disability	Adult Residential Care
Ballyclare Flat Cluster	Antrim	Mental Health	Adult Residential
Ballyclare Group House	Antrim	Mental Health	Adult Residential
Ballymena Grange	Antrim	Learning Disability	Children's Supported Living Accommodation
Ballymena Hugomont	Antrim	Learning Disability	Children's Transitional Service
Ballymena Rainbow Lodge	Antrim	Learning Disability	Children's Respite Facility
Banbridge Group House	Down	Mental Health	Adult Residential/ Floating Support
Bangor Flat Cluster	Down	Mental Health	Adult Residential
Belfast Carers Advocacy	Antrim	Mental Health	Advocacy Service
Belfast Dunmisk	Antrim	Mental Health	Adult Residential
Belfast Trust Counselling	Antrim	Mental Health	Counselling

Northern Ireland

Belfast Upper Suffolk	Antrim	Mental Health	Adult Residential
Coleraine Flat Cluster	Derry	Mental Health	Adult Residential/ Floating Support
Coleraine Floating Support	Derry	Dementia	Adult Residential/ Floating Support
Conlig Forest Hill	Down	Learning Disability	Adult Residential/ Domiciliary Care
Conlig Beechfield Respite Unit	Down	Learning Disability	Children's Respite Facility
Conlig Day Services	Down	Learning Disability	Adult Day Services
Crumlin The Courtyard	Antrim	Learning Disability	Adult Residential
Foyle Workskills	Derry	Learning Disability	Adult Workskills Programme
Foyle DISH	Derry	Mental Health	Adult Residential
Foyle Floating Support	Derry	Dementia	Adult Residential/ Floating Support
Foyle Young People	Derry	Mental Health	Children's Supported Living Accommodation
Kesh Pettigoe Road	Fermanagh	Learning Disability	Adult Residential
Kesh Day Care	Fermanagh	Learning Disability	Adult Day Service
Kesh Mantlin Cottage	Fermanagh	Learning Disability	Adult Residential
Kesh Supported Living Services	Fermanagh	Learning Disability	Adult Residential
Larne DISH	Antrim	Mental Health	Adult Residential
Larne Laurel Lodge	Antrim	Mental Health	Adult Residential
Lisburn Parklands	Antrim	Older people	Adult Residential
Lisburn St. Paul's Court	Antrim	Dementia	Adult Residential
Lisnaskea Flat Cluster	Fermanagh	Mental Health	Adult Residential
Lurgan Castle Lane	Armagh	Learning Disability	Adult Residential
Lurgan DISH	Armagh	Mental Health	Adult Residential/ Home Response
Lurgan Road Day Services	Armagh	Learning Disability	Adult Work Skills Programme
Magherafelt DISH	Derry	Mental Health	Adult Residential
Newry Kilmorey House	Down	Mental Health	Adult Residential
Newry Connaught House	Down	Mental Health	Adult Residential
Newtownards DISH	Down	Mental Health	Adult Residential
Newtownards Home Response	Down	Mental Health	Home Response
Newtownards Kimberley House	Down	Learning Disability	Adult Residential
Newtownards Transition Service	Down	Learning Disability	Adult Transitional Service
North West Supported Living	Derry	Learning Disability	Adult Residential
Portadown Forest Lodge	Armagh	Learning Disability	Adult Residential
Portadown Blossom House	Armagh	Learning Disability	Adult Residential
Southern Trust Counselling	Armagh	Mental Health	Counselling Service

Republic of Ireland

NAME/LOCATION	COUNTY	CLASSIFICATION	TYPE
Castleblaney Iona House	Monaghan	Intellectual Disability	Adult Residential
Cavan Ard Na Greine	Cavan	Intellectual Disability	Adult Residential
Donaghmede	Dublin	Intellectual Disability	Children Residential
Drogheda The Hub	Louth	Intellectual Disability	Adult Day Service
Dublin Rush	Dublin	Intellectual Disability	Adult Residential
Dunboyne Day Service	Meath	Intellectual Disability	Adult Day Service
Ardee Cornerstones	Louth	Intellectual Disability	Adult Residential
Monaghan Castleross	Monaghan	Mental Health	Adult Residential
Monaghan Brookvale	Monaghan	Intellectual Disability	Adult Residential
Monaghan Holly Lodge	Monaghan	Intellectual Disability	Adult Residential
Navan Bective	Meath	Intellectual Disability	Transitional/ Residential
Navan Meenalig	Meath	Intellectual Disability	Adult Residential
Navan Swan House	Meath	Intellectual Disability	Adult Residential
North Dublin Day Care	Dublin	Intellectual Disability	Adult Day Care
Mullingar	Westmeath	Intellectual Disability	Adult Residential

England

NAME/LOCATION	COUNTY	CLASSIFICATION	TYPE
Bury Floating Support	Lancashire	Mental Health	Floating Support
Kidderminster Rose Orchard	Worcestershire	Learning Disability	Adult Residential
Kidderminster Coombe House	Worcestershire	Learning Disability	Adult Residential
West Midlands Supported Living Service	Worcestershire	Learning Disability	Adult Residential
Leicester Glenfield	Leicester	Learning Disability	Short Break/Children
Leicester Melton	Leicester	Learning Disability	Short Break/Children
Manchester Plasden Court	Greater Manchester	Mental Health	Adult supported living

Isle of Man

NAME/LOCATION	COUNTY	CLASSIFICATION	TYPE
Isle of Man Clifton Terrace	Douglas	Mental Health	Adult Supported Living
Isle of Man Glenroyd	Ramsey	Learning Disability	Adult Residential
Isle of Man Home Support	Ramsey	Mental Health	Adult Home Support
Isle of Man Ingledene	Ramsey	Learning Disability	Adult Residential
Isle of Man Woodbourne	Douglas	Learning Disability	Adult Support

3.0 Board of Trustees 2016-17

BOARD OF TRUSTEES

MR KEN BRUNDLE BSc (Hons)

CHAIR

MR JOHN MCGREGOR MSc Eng

VICE CHAIR

MR JOHN BARRONS

MRS CAROL MOORE CB MA MBA

MS CAROL PHILIPS MBE

DR CHRISTINE KENNEDY MRCPsych.LLM

MRS NOREEN ROCHE RGN MSc

COMMITTEES

DEVELOPMENT, CARE AND RESEARCH

CHAIR: Ken Bundle

FINANCE

CHAIR: John McGregor

GOVERNANCE

CHAIR: Carol Moore

**HUMAN RESOURCES
AND STAFF DEVELOPMENT**

CHAIR: Ken Bundle

REMUNERATION

CHAIR: Ken Bundle

PROPERTY

CHAIR: Carol Moore

SENIOR LEADERSHIP TEAM

Authority to conduct Praxis Care's day-to-day activities is delegated by the Board to the Chief Executive, who is responsible for ensuring that the agreed activities are carried out and objectives achieved. The Chief Executive and the Directors form the Senior Leadership Team and each has clearly defined areas of responsibility and accountability. The Senior Leadership Team reports to the Chief Executive and meets weekly.

NEVIN RINGLAND – CHIEF EXECUTIVE BSc, Dip Bus Admin

ANDY MAYHEW – GROUP DIRECTOR OF CARE AND DEVELOPMENT BA, MSc, CQSW

LAURA MOORE – DIRECTOR OF HUMAN RESOURCES AND CORPORATE SERVICES FCIPD

CAROL BREEN – ACTING DIRECTOR OF CARE AND DEVELOPMENT RGN BNS

DAVID WALSH – ACTING DIRECTOR OF FINANCE AND CORPORATE SERVICES BA (Hons) FCA

MARY CLARKE – TEMPORARY DIRECTOR OF CARE MPA, RMN

APPENDIX

PUBLIC BENEFIT

A charitable organisation is defined both by its purpose and by the public benefit which flows from the achievement of its objectives. Praxis Care's purpose is to empower adults and children with Mental Ill Health, Learning Disability, Acquired Brain Injury or Dementia to enjoy everyday living. The Board, having due regard for its legal obligations, is confident that Praxis Care continues to meet its public benefit requirements in each of the jurisdictions in which it operates.

GOVERNANCE

We comply with the Governance Code for Community, Voluntary and Charitable Organisations in Ireland. A review of our organisation's compliance with the principles in the Code was conducted in October 2016. This review was based on an assessment of our organisational practice against the recommended actions for each principle and sets out actions and completion dates for any issues that the assessment identifies as needing to be addressed.

4.0 Financial Accounts

Consolidated statement of Financial Activities (Incorporating the Income and Expenditure account) for the year ended 31 March 2017

	Note	Unrestricted Funds 2017	Restricted Funds 2017	Total Funds 2017	Unrestricted Funds 2016 (Restated)	Restricted Funds 2016 (Restated)	Total Funds 2016 (Restated)
Income		£	£	£	£	£	£
Donations and legacies	2	48,451	-	48,451	6,295	-	6,295
Other trading activities	3	-	-	-	1,750	-	1,750
Income from Investments	4	22,333	-	22,333	20,338	-	20,338
Income from charitable activities	6	26,284,863	5,002,768	31,287,631	23,222,628	4,995,842	28,218,764
Other income	5	17,068	-	17,068	16,911	-	16,911
Total Income		26,372,715	5,002,768	31,375,483	23,267,922	4,995,842	28,218,764
Expenditure							
Raising Funds	8	50,405	-	50,405	38,251	-	38,251
Charitable Activities	7	24,252,913	4,680,057	28,932,970	22,605,266	4,990,285	27,595,551
Total Expenditure		24,303,318	4,680,057	28,983,375	22,643,517	4,990,285	27,633,802
Profit/(Loss) on disposal of fixed assets		(194,526)	-	(194,526)	(27,847)	-	(27,847)
Net Income	9	1,874,871	322,711	2,197,582	596,558	5,557	602,115
Other recognised gains/(losses):							
Unrealised(loss)/gain on Investments	12	1,945	-	1,945	(1,528)	-	(1,528)
Unrealised foreign exchange gain/(loss)		(14,455)	-	(14,455)	-	-	-
Net movement in funds before transfers		1,862,361	322,711	2,185,072	595,030	5,557	600,587
Transfer between funds							
Total funds brought forward	17/18	8,729,538	65,654	8,795,192	8,134,508	60,097	8,194,605
Total funds carried forward	19	10,591,899	388,365	10,980,264	8,729,538	65,654	8,795,192

ACKNOWLEDGEMENTS

A warm and heartfelt thanks to everyone who supported Praxis Care over the past year. With your help Praxis Care is able to continue to provide high quality services to individuals who have complex needs across the UK and Ireland.

An extra special thank you to the following Service Users and staff members who have shared their stories in this annual report:

- William Carter
- Jordan Taaffe
- Leona McMahon
- Leah Mooney

A special thank you to the following supporters:

- Funding Bodies
- Staff
- Volunteers
- Service users
- Families of Service Users
- Friends of Praxis Care



If you require more information about Praxis Care services or if you would like to receive this information in a different format, please contact:

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www.praxiscare.org.uk

Registered with the Charity Commission
for Northern Ireland: NIC103672
Company Registration Number: NI017623

Issued May 2018



FS 516518



The Queen's Award
for Voluntary Service

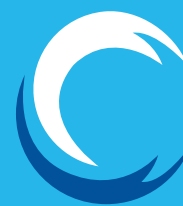


Produced in Partnership
with Service Users

A YEAR IN NUMBERS

MARCH 2016 –

APRIL 2017



Praxis
care



Turnover **£31** million

1,342



1,342 Number of Staff



150 Volunteers



105 Separate pieces in national and local publications within Ireland, UK and the Isle of Man

174



174 Cognitive Behaviour Therapy (CBT) Counselling sessions delivered



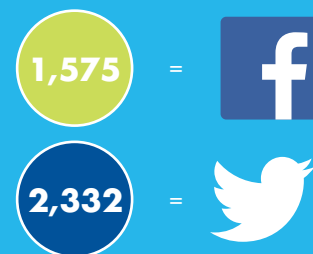
75 Projects throughout Ireland, Northern Ireland, Isle of Man and England



5,270 training sessions completed by staff



56,599 visitors to our website



1,575 Facebook likes
2,332 Twitter followers