

Impact Report
Growth, Innovation and Quality

2015



Praxis
care

A charity at the centre of caring

www.praxiscare.ie

Vision

Passionately caring about everyday living

Mission

Empowering adults and children with mental ill health, learning disability, or acquired brain injury to enjoy everyday living, irrespective of the complexity of their needs

Values

Promoting Independence - the purpose of Praxis Care

Praxis Care will help every individual to become as independent as he or she can be, to reach their full potential, and be active citizens in their communities.

Praxis Care will enable individuals to make informed choices about their own lives, and involve them in all aspects of the work of Praxis Care through the organisation's commitment to a user focused ethos.

Promising Integrity - the principles of Praxis Care

Praxis Care will respect the rights of every individual, ensuring that their confidentiality, privacy and dignity are secured.

Praxis Care will act honestly, openly and with transparency in all interactions with service users and their representatives, stakeholders, and the public.

Praxis Care will foster and promote a sense of social responsibility throughout the organisation to the benefit of the environment and everyone with whom the organisation comes into contact.

Protecting Individuals - the professionalism of Praxis Care

In all the organisation's actions, the best interests of service users are paramount.

Praxis Care will carry out its work in partnership with other organisations, safeguarding individuals, ensuring risk is managed, and encouraging positive risk taking.

The organisation's focus on continuous improvement means that it strives for the highest standards, with current best practice guiding everyday service delivery.

Praxis Care's staff are committed to their own professional development and to maintaining the highest codes of conduct expected by service users and the public.

Foreword

"Praxis Care has continued to grow, innovate and ensure high levels of quality"

Praxis Care is passionate about enabling those individuals with the most complex learning disabilities, challenging behaviour, and mental illnesses to live as independently as possible. Praxis Care is proud to be a leading provider to those people who are some of the most marginalised in society.

Over the last year, Praxis Care has continued to grow services to support people in the community, innovate new services to meet bespoke need and deliver high quality services.

Driven by pride in the support they provide our service users, our dedicated staff and volunteers continue to develop and grow their knowledge and skills to the benefit of those they support.

Despite the challenging economic climate, Praxis Care supports over 1,700 people throughout Northern Ireland, Republic of Ireland, England and Isle of Man.

Please take time to share with us a taste of what our service users have achieved over the last year by reading this report.



Ken Brundle
Chair



Nevin Ringland
Chief Executive



Growth

NEW INITIATIVE FOR YOUNG ADULTS WITH INTELLECTUAL DISABILITIES IN DROGHEDA

Praxis Care set up "The Hub" - a new community and activity support for young adults with autism, intellectual disability or complex needs.

The Hub provides individualised programmes of day activity, which promote social inclusion as well as service user choice and control, to individuals in the Greater Drogheda area. The Hub enables school leavers with complex needs to access activities within a safe and nurturing community environment which promotes options and choices, underpinned by a person-centred, needs led approach.

Anne Marie Durnin (Parent)

"My son is so happy with his new life as a young adult. He now has a very active life doing activities in which he is interested and his horizons are widening all the time. We had been so terrified about what would happen to him after school and we are now so relieved and pleased. It's a very exciting chapter in the lives of these young people with complex needs."



The launch event of the Hub in Drogheda



"I have lived with Praxis Care for several years, and share a house with three other people.

When I moved here I was supported to improve all aspects of my independent living skills. I have been supported to become more independent.

Without Praxis Care, I would not be able to live here in the community and achieve the goals I have."

Monica



The Launch of the Foyle Step Down Service

EXPANSION OF THE FOYLE STEP DOWN SERVICE

Foyle Step Down service is a community based service which provides intensive support to young people aged 18-21 who have a range of diverse and often complex needs. These young people require high support in order to enable them to live independently in the community.

The service secured additional funding to expand. Initially supporting five young people in the community, the service has grown to fifteen, as a result of Praxis Care highlighting identified needs for young people with complex needs within the local community.

The service supports young people transitioning from Praxis Care Foyle Young People Project and young people moving on from other supported accommodations in the Foyle area who require intensive support.

Staff provide a package of support that is person centred, based around assessed needs and reviewed regularly in keeping with the Praxis Care ethos of promoting independence.

Staff work with young people in their own homes and in the community providing support and advice 24 hours a day, 7 days per week.



Praxis Care Befriending Coffee Morning for World Mental Health Day (10th October)

TOGETHER FOR YOU PROGRAMME – DELIVERING NEW COUNSELLING AND BEFRIENDING SERVICES

Praxis Care continued to play an active role in developing new services as part of the Together For You programme.

Together For You is a partnership project with Praxis Care working along with Action Mental Health (AMH), Aware Defeat Depression, CAUSE, CRUSE, MindWise, Nexus, Relate NI and The Rainbow Project. Funded by the Big Lottery Fund, the partnership is aimed at delivering mental health and wellbeing services to a range of people across Northern Ireland.

As a key member of the partnership, Praxis Care was able to provide 492 Cognitive Behaviour Therapy (CBT) Counselling sessions and set up new befriending matches throughout Northern Ireland.

The impact of the CBT Counselling Service has been extremely positive, with 74% reporting an improvement in their mental health and wellbeing.

"Praxis Care counselling has made such a difference in my life and I don't know how I managed before as life is much better."

"Spending time with my befriender makes my world a little larger and going out helps me feel less isolated."

MOVING UP TRAINING PROGRAMME

Praxis Care secured £1.7 million from the European Social Fund and Department of Employment and Learning to develop the Moving Up Training Programme. The programme aimed to enhance training and employment opportunities for those attending Praxis Care Day Services and create sustainable employment opportunities by developing social enterprise schemes.

Participants benefited from Work Star assessments, one to one career guidance, access to accredited training, experience of social enterprise working, supported work placements and access to employment.

108 Trainees took part in the programme, 67 Trainees achieved a National Open College Network (NOCN) Qualification and 36 Trainees achieved NOCN Unit Accreditation.



Praxis Care Moving Up Project: Horticulture Award 2014 1st Place – Denis Lavery with Nevin Ringland (CEO Praxis Care)



Praxis Care Moving Up Project: Horticulture Award 2014 2nd Place – Harry Chambers with Margaret Brundle and Nevin Ringland (CEO Praxis Care)

Innovation

ALL IRELAND CONFERENCE ON CHILD PROTECTION AND PARENTAL MENTAL HEALTH PRACTICE

Praxis Care's annual conference in Dundalk was entitled "Child Protection and Parental Mental Health: Effective Professional Collaboration in Times of Austerity".

The event was attended by 120 delegates and was organised in partnership with health and social services throughout Ireland. The conference was part of Praxis Care's campaign to raise awareness of the importance of mental health and the work being undertaken by the charity and other bodies in Ireland to address the needs of service users and their families.

The key note speaker was Professor Colette McAuley (University of Bradford) who presented findings from international research on this topic. Additional speakers included Mr Jim McGuigan, Area Manager, Louth Meath Tulse; Mr Jason Martin, Praxis Care Training Manager; Mr Derek Pepper, SHINE; Dr Tony Humphreys, Clinical Psychologist, and Dr Sarah McGuigan, Child and Adolescent Psychiatrist.



Attendees at the Conference: Dr Sarah McGovern, Consultant Psychiatrist, Mr Derek Pepper (Shine), Professor Colette McAuley, Mr Nevin Ringland (Praxis Care), Mr Ken Brundle (Praxis Care), Mr Jason Martin (Praxis Care), Mr Jim McGuigan (Tusla)

Praxis Care counselling has made such a difference in my life and I don't know how I managed before as life is much better.

Service User





New Therapeutic Garden: Leanne McIlvenny and Bernie Monaghan (both Praxis Care)

NEW THERAPEUTIC GARDEN IN MAGHERAFELT

A new therapeutic garden was opened in Magherafelt as a result of Praxis Care working with local mental health charities and the Northern Ireland Housing Executive.

An unloved green space, in Magherafelt was transformed into a garden of serenity and calmness to encourage recovery for people with mental health problems.

The new garden was a result of a £15,000 investment from the Housing Executive, who have been working in partnership with Praxis Care in the area for a number of years.

Praxis Care worked side by side with the Housing Executive and John Hagan Complementary Therapist. After many hours of consultation and planning, the ground was cleared and raised beds for growing vegetables and flowers were installed to create a garden with a therapeutic element.

John Hagan complementary therapy practitioner

"It's called a therapy garden, but I'm calling it a garden of hope, hope that there's light at the end of the tunnel. When the place starts to bloom, I hope it will work wonders for those who want to calm their mind and find solace.

I practice aromatherapy, and I'm aware of the power of the scents of plants, especially lavender. It's great for calming and stilling the mind. Someone with mental health issues will benefit greatly from the garden.

The ultimate aim though is aiding recovery and achieving solace."

Spending time with my befriender makes my world a little larger and going out helps me feel less isolated.

Service User



DEVELOPING A MENTAL HEALTH BROWNIE BADGE IN ISLE OF MAN

Praxis Care was keen to create awareness and understanding of issues relating to mental health among young people.

So in partnership with 2nd Castletown Brownies, Isle of Man, Praxis Care developed a new Mental Health Challenge. The innovative challenge was aimed at Rainbows, Brownies, Guides and older girls.

The girls completed the challenge, by undertaking activities such as make your own stress ball friend and worry stone, as well as exploring ways to cope with mental ill health such as talking about your feelings. Additional activities included colouring in, creating posters and jars of creativity.

At the end of the challenge the girls were rewarded with a certificate and badge.

Stephanie Harper - Praxis Care & Creator of Mental Health Challenge

"This has proved to be a fantastic way for the girls to find out about mental health issues in a fun and stimulating environment.

Through creative expression, games and activities the girls were able to explore the area of mental health and help them to understand the issues.

Praxis Care are delighted to be involved and support this campaign"

The challenge has subsequently been replicated by other groups across the UK and Ireland.



Mental Health Challenge: Reegan Duffy (Brownie), Stephanie Harper (Praxis Care) and Beatrice Glynn Riley (Brownie)



"I receive support from Praxis Care staff who have helped me to manage my flat. When I moved here, I was supported to pay the rent, obtain benefits, furnish my flat, and organise the various parts of my everyday life.

Visits from staff also helped me break down the isolation and provide moral support, and someone to talk to.

I found the support from everyone helped build my confidence and with encouragement I have been able to speak at training sessions and tell others my own personal story.

I have been supported to become more independent, and to enjoy my life, which I wouldn't have been able to do without the support from Praxis Care."

Austin

Quality



Graduation Ceremony for Best Practice in Dementia Care Course

STAFF AWARDED QUALIFICATIONS IN DEMENTIA CARE

Praxis Care staff at St Paul's Court, Lisburn successfully completed "Best Practice in Dementia Care": a six part, self-study course for health and social care staff working in care home and day care settings.

The course, designed by the University of Stirling and Dementia Services Centre, was accredited by the Royal College Nursing and City and Guilds Qualification Certified Framework Level 3.

Amanda Leitch,
Northern Ireland Dementia Services Development Centre

"Praxis Care have recognised dementia as a specialist field of practise where staff need additional knowledge and support, they have evidenced their commitment to service users and family carers through this training. I commend these first staff who have completed the Best Practise Programme and achieved accreditation from City & Guilds."

Kelly Devlin, Praxis Care

"I can see a change in staff's everyday practice. They see and hear the communication of service users with dementia, they respond in an appropriate manner, taking into account the varying degree of needs and support needed for them to live well with the symptoms of dementia.

Ultimately service users have benefited from the training course due to the new knowledge and insight of the staff who completed the programme."

Jacqueline Niblock, Praxis Care

"The course gave me a greater understanding of different types of dementia and related behaviours. The course was tailor made for each individual and I use my new knowledge on a daily basis within the scheme."

SERVICE USER AND CARER AWARDS

The Praxis Care Service User and Carer Awards Ceremony took place in Glenavon House Hotel, Cookstown on World Mental Health Day (10th October 2014).

The guest speaker was Maeve Hully, Chief Executive of the Patient Client Council, who presented the awards with Praxis Care Chief Executive, Nevin Ringland.

Awards were in recognition of service user and carer involvement in activities and personal achievements.

Brian McCready, Praxis Care compered the awards and introduced the winners

"We are also celebrating World Mental Health Day today.

On October 10th we celebrate the most important day in the mental health calendar by shining a light on, and raising awareness of mental health issues. And our event today demonstrates what individuals can achieve and overcome, even with a mental health problem."



Lorna Brooks, Plasden Court, Manchester (on behalf of Philip Rennie) collects 1st place for Local Participation Award

Brain McCready, Praxis Care

"Philip significantly contributed to the running of Plasden Court, Manchester by being heavily involved in all in-scheme activities. Philip took part in the weekly gardening club and helped out with weeding neighbours' gardens; healthy eating clubs; Action Group as well as the art club and painted a canvas for the communal corridor."



Chloe Tackaberry, Donaghmede, collects 1st place for Fundraising Award

Brain McCready, Praxis Care

"Sixteen year old Chloe completed the Dublin Mini Marathon with her Mother. The money she raised went towards redecorating Brookwood, Donaghmede to make the scheme more comfortable and homely for the young people."



Donal Durnin, Drogheda "Hub" collects 1st place for Personal Achievement Award

Brain McCready, Praxis Care

"Donal's keen eye for assembly and DIY, he has developed his skills for the use of everyone at the Hub, Drogheda. He has used his skills to assemble, paint and decorate various projects, leading to the creation of some fabulous wooden birdhouses and wheelbarrow style flower pots. Donal went on to set up a stall at a local market and sold his creations to the public."

Praxis Care People



Opening of new Children's Garden and Play area at Beechfield Children's Respite Unit



Andy Mayhew - Director of Care (Operations), Nevin Ringland - Chief Executive, Robin Arbuthnot - Director of Human Resources, and Staff Development, Irene Sloane - Director of Care (Quality, Governance and Development)

NEW CHILDREN'S GARDEN AND PLAY AREA, CONLIG, CO DOWN

Underpinning Praxis Care's commitment to providing quality services, a new safe and accessible garden and play area was built at Beechfield Children's Respite Care Unit.

Beechfield is a short break and respite care unit for 50 children and young people with learning disabilities who also have a physical disability and /or complex health needs or challenging behaviour.

The Children's Garden and Play area was officially opened, with children, parents, Praxis Care's senior management and staff, health trust representatives and local media all joining in the celebrations.

The Play Haven Project groundwork commenced in April 2014 and work was undertaken to level the existing ground work, uplift and replace the concrete paving slabs to replace with a wet pour soft safety surface.

The project also gave Beechfield the opportunity to purchase an external playhouse and sensory equipment that the children and young people can use on a daily basis. The Play Haven Project created a safe and accessible garden and play area for the children.

Geraldine Andrews, Praxis Care

"We are delighted to have won the Big Lottery Fund's People's Millions competition and to have the opportunity to create a safe play and garden area for children and young people with severe learning and physical disabilities.

The Play Haven Project will give the children the same experience of the outdoor activities as those without a disability in a safe controlled environment.

The Play Haven Project will improve the children and young people's quality of life, stimulate their senses and provide a place for participation and interaction which will promote participation, self esteem and stimulation."

The project was funded by the Big Lottery Fund's People's Millions competition, and by Beechfield's own fundraising.

PUBLIC AWARENESS AND FUNDRAISING

The Fundraising and Public Relations Department won the prestigious Institute of Fundraising Team of the Year.

The Department organised an impressive range of fundraising events and campaigns which included the Praxis Care Sponsored Read It, which involved 24 schools in Northern Ireland, England and the Isle of Man.

In addition, there was increased media coverage with 159 media pieces in national and local publications within Ireland, UK and Isle of Man.

There has been a significant increase in visitors to the Praxis Care website and followers on social media inspired by updates.



Geraldine Andrews, Paul Collins and Mirja Oates (all Praxis Care) receiving the Institute of Fundraising Team of the Year Award.

ISSUE 2 JANUARY 2015

CONNECT



Learning Disability in Older Adult Populations:

The need to plan appropriate services and support to meet the needs of older adults with learning disabilities and their families.



DON'T MISS
Putting it into practice: Multi-Sensory Environments in Dementia Care



RESEARCH

Praxis Care continued to review contemporary Research to identify ways to ensure services are leading edge.

The Research Department developed the new in house magazine 'Connect', which is produced quarterly and highlights new and evidence based best practice from around the world in relation to mental health, learning disability, acquired brain injury and dementia. In addition the department undertook:

- Targeted evaluations of training programmes, such as best practice in dementia care and dual diagnosis teaching programmes.
- Internal and external research projects including a study entitled 'Transitions and Outcomes for Care Leavers with mental health and/or intellectual disabilities'.
- Internal literature reviews on specific themes, such as alcohol related brain damage.

As part of Praxis Care's focus on ensuring and monitoring quality, the department gathers staff and service user views through surveys and then collates and distributes the findings to management and staff.

GOING THE EXTRA MILE FOR SERVICE USERS IN CASTLEROSS!

Staff member Susan O'Reilly, Castleross, Co Monaghan completed the MetroPCS marathon in Dallas, USA.

Susan, raised €3,260, which was split between Praxis Care and MS Ireland.



PRAXIS CARE SAYS "THANK YOU" TO VOLUNTEERS

A Volunteer Thank you event was held in the Glenavon House Hotel, Cookstown to celebrate the involvement of volunteers with the work of Praxis Care.

Volunteers from across Northern Ireland enjoyed a meal and the opportunity to share experiences and highlights of their volunteering over the last year. Local comedian Gene Fitzpatrick also attended the event providing plenty of laughs and entertainment for volunteers, service users and staff.

15 volunteers were awarded with long service awards for their commitment to volunteering with Praxis Care.



Denise Lipscomb collects five years' volunteer service award from Gene Fitzpatrick and Nevin Ringland



Attendees at the Praxis Care Volunteer Thank you event

PRAXIS CARE STAFF AWARDS

The annual Praxis Care Staff Awards acknowledged the hard work undertaken by staff within the charity.



Hannah Cowin, Glenroyd, Isle of Man accepting the Apprentice of the Year award from Nevin Ringland (CEO Praxis Care)



Josephine Costello, Swan House, Navan, Republic of Ireland accepting an award for Outstanding Performance from Nevin Ringland (CEO Praxis Care)



Banbridge project accepting the Service User Nominated Award



Bekki Gillard, Kidderminster DCA, accepting an award for Training into Action from Willie McAllister (Director of Care Praxis Care)

Board of Trustees

Board of Trustees

Mr Ken Brundle, Chair - BSc(Hons)

Miss Anne Vance
- MA, Dip. Car.ED, LGSM-Speech

Mr John Barrons

Dr Etta Eid-Jennings - (resigned April 2014)

Carol Phillips - (appointed November 2014)

Dr Christine Kennedy - MRCPsych.LLM

Mr Vincent Malone

- Fellow of Institute of Bankers in Ireland

Mr Donal McFerran - LL.B, M.Phil (Med)

Mr John McGregor, Vice Chair - MSc Eng

Mrs Carol Moore CB - MA, MBA

Dr Oliver Shanks - MB, BCh, BAO, MRCP, FRCPSvch

Committees

Development, Care and Research

Chair: Ken Brundle

Finance

Chair: John McGregor

Governance

Chair: Donal McFerran

Human Resources and Staff Development

Chair: Ken Brundle

Remuneration

Chair: Ken Brundle

Property

Chair: Donal McFerran

Senior Management Team

Authority to conduct Praxis Care's day-to-day activities is delegated by the Board to the Chief Executive, who is responsible for ensuring that the agreed activities are carried out and objectives achieved. The Chief Executive and the Directors form the Senior Management Team and each has clearly defined areas of responsibility and accountability. A Senior Management Team reports to the Chief Executive and meets weekly.

Nevin Ringland, Chief Executive - BSc, Dip Bus Admin

Robin Arbuthnot, Director of Human Resources & Staff Development

BSc (Hons), MSc, Chartered MCIPD

Pauline Flynn, Director of Finance - BSSc (Hons), FICA, FCIT

Andy Mayhew, Director of Care (Operations) - BA, MSSc, CQSW

William McAllister, Director of Care (Operations) - CSS, ASW

Irene Sloan, Director of Care (Quality and Governance & Development)

BSSc, MSc, CQSW, CASW, CSWL, ASW

Public Benefit

A charitable organisation is defined both by its purpose and by the public benefit which flows from the achievement of its objectives. Praxis Care's purpose is to empower adults and children with mental ill health, learning disability or acquired brain injury to enjoy everyday living. The Board, having due regard for its legal obligations, is confident that Praxis Care continues to meet its public benefit requirements in each of the jurisdictions in which it operates.

Risk Management

The Governance Committee is a sub-committee of the Board and meets regularly to monitor all aspects of corporate governance including ensuring that management plans are in place to mitigate all identified risks.

A newly formatted corporate risk register was developed and implemented during the year, which enables risks to be assessed, rated and prioritised in a very robust fashion. The risk register is kept under constant review, by both the Senior Management Team and the Governance Committee. The Board is satisfied that systems are in place to mitigate the charity's exposure to major risks.

Service Directory

Northern Ireland - Older People Services

Coleraine Floating	A floating support service for older people	Lisburn Parklands	Supported living group house for eight individuals
Foyle Clements Court	Individual flats with housing support services for 13 individuals	Lisburn St Pauls Court	Purpose built accommodation with 15 bungalows and eight flats
Foyle Floating Support	A floating support service	Lisnaskea Floating Support	A floating support service for older people

England - Mental Health Services

Birmingham Floating Support	A floating support service	Manchester Plasden Court	Dispersed intensively supported housing for fifteen individuals
Bury Floating Support	A floating support service for people with substance misuse issues		

England - Learning Disability Schemes

Kidderminster Coombe House	Nursing care accommodation for 12 individuals	Kidderminster Rose Orchard	Nursing care accommodation for five individuals
Kidderminster Praxis Care Domiciliary Agency	Provides support for four individuals	Leicester Glenfield and Melton Projects	Residential short breaks units for children and young people

Republic of Ireland Services

Castleblayney Iona House	Supported living accommodation for eight individuals with intellectual disabilities	Monaghan Brookvale	Community living for eight individuals with intellectual disabilities
Cavan Ard Na Greine	Supported living accommodation for three individuals with intellectual disabilities	Monaghan Castleross	Supported living accommodation for one individual re-settling from institutional care
Donaghmede Brookwood	Residential unit for four young people with intellectual disabilities	Monaghan Holly Lodge	Supported living accommodation for three individuals with intellectual disabilities
Drogheda Daycare	A day service providing activities for individuals experiencing intellectual disability, autism and/or complex needs	Meath Navan Bective	Residential service for four young people with intellectual disabilities
Dublin Rush	Community house providing care and support for three individuals with intellectual disabilities	Meath Navan Meenalig and Swan House	Supported living accommodation for eleven individuals with mild to moderate intellectual difficulties and challenging behaviour
Louth Cornerstones	Supported living accommodation for four individuals	Westmeath Mullingar	Residential unit providing care and support to six individuals with intellectual disabilities

Isle of Man Services

IOM Glenroyd/Ingledene	Accommodation for nine individuals with profound learning disabilities on two sites in Ramsey	IOM Key & Star Clubs	Day centres offering drop-in services and training programmes
IOM Home Support	A home response service provided to individuals with mental health problems living at home	IOM Supported Living Accommodation	Supported living accommodation for five individuals with mental health problems

Service Directory

Northern Ireland - Mental Health Schemes

Antrim DISH	Dispersed intensively supported housing for 16 adults	Foyle DISH	Dispersed intensively supported housing for 12 individuals
Antrim, The PARC	Day care recreational activity	Foyle Young People and Step Down Service	Supported living flat cluster for six individuals
Antrim Single Service	A service providing care for one individual	Larne DISH	Dispersed intensively supported housing for six adults, and a home response service
Antrim Young People	A befriending service for young people leaving care	Larne Laurel Lodge	Supported living group house and flat cluster for 12 individuals
Ballyclare	Supported group house and flat cluster with 18 individuals	Lisnaskea	Flat cluster for 11 individuals and a floating support service
Banbridge	Supported living group house and flat cluster for 16 adults, and a floating support service	Lurgan DISH	Dispersed intensively supported housing for 21 one individuals, and a home response service
Bangor	Residential flat cluster for six individuals	Magherafelt	Dispersed intensively supported housing for 15 individuals, and a home response service
Belfast Carers Advocacy	A carers advocate is currently employed in the Belfast Trust area to support carers	Newry Connaught House	Supported living group house for five individuals
Belfast Dunmisk	Flat cluster for 16 individuals	Newry Kilmorey House	Supported living group house and flat cluster for 13 individuals and a home response service
Belfast Upper Suffolk	Dispersed intensively supported housing for 16 individuals	Newtownards	Dispersed intensively supported housing for eight adults, and a home response service
Coleraine	Flat cluster for fifteen adults, and a home response service	Portadown	Dispersed intensively supported housing for 17 individuals, and a flat cluster and group living accommodation for fourteen individuals
		Praxis Care Counselling	A service for the public offering face to face, group and telephone counselling

Northern Ireland - Learning Disability Schemes

Ballymena Cushendall Road	A service providing care for one individual	Hillsborough The Secret Garden	A workskills programme, for 15 individuals, where service users gain experience working in a coffee shop and garden
Ballymena Hugomont	A service providing care for four young people	Kesh Day Care Centre	Day care service for 24 individuals
Ballymena Rainbow Lodge	Eight bedded children's respite care unit	Kesh Mantlin Cottage	Residential care home for nine individuals
Conlig Beechfield Respite Unit	Six bedded children's respite care unit	Kesh Pettigoe Road	Residential care home for 12 individuals
Conlig Forest Hill	Supported living accommodation for fourteen individuals	Kesh The Willows	Supported living accommodation for four individuals
Conlig Work-skills	A work-skills programme, for 27 individuals, where service users make, package and sell cookies to local shops and coffee shops as well as working in the gardening project	Lurgan Castle Lane	Supported living accommodation for 19 individuals
Crumlin The Courtyard	Supported living accommodation for 12 individuals	Lurgan Road Day Services	A work-skills programme, for 13 individuals, where service users make, package and sell cookies to local shops and coffee shops
Foyle Cookie Company	A work-skills programme, for 23 individuals, where service users make, package and sell cookies to local shops and coffee shops	Newtownards 80 Upper Movilla	Three bedded residential unit
Foyle Richmond Daycare	Day care service for older adults	Newtownards Adults Domiciliary	Domiciliary care scheme for three individuals
Foyle Rockmills Befriending	Volunteer befriending programme for adults	Newtownards Kimberley House	Residential care home for thirteen individuals
ESF Moving Up Project	Provides training and employment skills for service users	Portadown Forest Lodge	Three residential care homes for 13 individuals

Statement of Financial Activities

Consolidated Statement of Financial Activities (incorporating the Income and Expenditure account) for the year ended 31 March 2015

	Unrestricted funds 2015 £	Restricted funds 2015 £	Total funds 2015 £	Total funds 2014 £
Incoming Resources				
Income from Generated Funds:				
Voluntary Income	20,532	-	20,532	12,419
Activities for Generating Funds	20,846	-	20,846	45,368
Investment Income	2,678	-	2,678	1,257
Income From Charitable Activities	22,152,613	5,161,395	27,314,008	27,919,847
Other Incoming Resources	8,017	-	8,017	8,581
Total Incoming Resources	22,204,686	5,161,395	27,366,081	27,987,472
Resources Expended				
Costs of Generating Funds	75,086	-	75,086	162,883
Charitable Activities	21,301,978	5,172,564	26,474,542	27,426,606
Governance Costs	389,560	-	389,560	279,311
Profit / (Loss) on disposal of fixed assets	(75,831)	-	(75,831)	14,227
Total Resources Expended	21,690,793	5,172,564	26,863,357	27,883,027
Net Incoming Resources	513,893	(11,169)	502,724	104,445
Exceptional item	(215,192)	-	(215,192)	-
Unrealised Gain/(Loss) on Investments	(525)	-	(525)	1,521
Unrealised Foreign Exchange Gain/(Loss)	(204,903)	-	(204,903)	(41,338)
Net Movement in Funds for the Year	93,273	(11,169)	82,104	64,628
Transfer Between Funds	(47,415)	47,415	-	-
Total Funds Brought Forward	8,294,869	23,851	8,318,720	8,254,092
Total Funds Carried Forward	8,340,727	60,097	8,400,824	8,318,720

Praxis Care

Impact Report 2015

If you would like to receive more information about Praxis Care services or if you would like to receive this information in a different format, please contact:

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www.praxiscare.ie

Companies Registration Office (Republic of Ireland)

Company Registration Number: 908491

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Produced in Partnership
with Service Users

**MARCH 2014
- APRIL 2015**

Turnover 
£27,366,081

120 volunteers



Number of staff
1,235



159 separate
media pieces in
national and local pub-
lications within Ireland,
UK and the Isle of Man.

Number of
vacancies
advertised
226



Total number
of service users
1,720



492 CBT
Counselling sessions delivered

2,863



Number of training
sessions completed by staff



74

projects throughout
Ireland, Northern
Ireland, Isle of
Man and England

46,123

visitors to our
WEBSITE



Facebook likes **887**



835

Twitter followers