

Home Response Service Admission Criteria

- Be over the age of 18 years at the time of referral.
- Reside in the North Down and Ards area.
- Have an enduring mental health need.
- Show a range of support needs.
- Be agreeable to the referral being made and agreeable to accept support from Praxis Care staff.
- Be known to the Community Mental Health Team or mental health services based in Ards Hospital.

We believe that anyone living with mental ill health should be supported in their home in a community setting that enables them to live as independently as possible, achieve their individual goals and be empowered to love the life they choose.

Our staff receive specialist training in Mental Health First Aid including Recovery Orientated Practice, WRAP, Positive Behaviour Support, Suicide Awareness, KUF (knowledge and understanding framework for personality disorder), Addictions, Deprivation of Liberty, Safeguarding Level 1, 2 & 3 and Mental Capacity Act training. Staff also have a range of expertise working with individuals with mental health issues through qualifications, training and experience.



DISH and Carmen Lane Service Admission Criteria

- Be over the age of 18 years at the time of referral.
- Have an enduring mental health need.
- Show a range of housing-related care and support needs.
- Praxis Care provides accommodation at the DISH and Carmen Lane services as part of the support and care package. Individuals in these services must require and accept housing-related support as a condition for maintaining their service eligibility and accommodation.
- Be agreeable to the referral being made and agreeable to accept support from Praxis Care staff.
- Be known to Community Mental Health Team or mental health services based in Ards Hospital.

Enquiries or Referrals

Let's talk about how we can work together

Service manager: 028 91819426

Referrals: HomeResponseNDareferrals
@praxiscare.org.uk

praxiscare.org

Empowering lives that are valued, meaningful and inclusive, regardless of the complexity of need, every day.

Praxis Care's Mission



North Down and Ards Mental Health Services



About Praxis Care

Shaped around the individual

- We are a health and social care charity with 40 years' experience.
- We work with 1,500 people with mental ill health, autism spectrum conditions, learning disabilities and dementia.
- Our services are innovative, professional and high-quality for people across the spectrum of need, particularly at the higher level of complexity.
- Our services for children, young people and adults are spread across Great Britain, Northern Ireland, the Isle of Man and the Republic of Ireland.
- We co-develop bespoke plans for individuals in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes.



Carmen Lane Supported Living Service

The Carmen Lane Supported Living Service is a 10-place mental health supported living service based mainly in Bangor with some properties in Newtownards. This service is funded by the South Eastern HSCT and Supporting People. Care and support are tailored to each individual to optimise levels of independence and promote their wellbeing. Tenants must be willing to be supported with housing-related support and to achieve personal goals relating to their mental health diagnosis and wellbeing.

DISH Service

This service is an 8-place mental health Dispersed Intensive Supported Housing (DISH) service based in houses within the community. The service is funded jointly by the South Eastern HSCT and Supporting People. This service delivers intensive housing-related support with care to individuals with mental health needs to optimise levels of independence and promote wellbeing. Tenants must be willing to be supported by Praxis Care to achieve their personal goals relating to their mental health diagnosis and wellbeing.

Home Response Service

The Home Response service provides support to individuals in their homes. It delivers low-level support to individuals, enabling them to successfully live within their community by maintaining their mental health wellbeing. This service is supported by the Community Mental Health Team and funded by the South Eastern HSCT.

Range of Support Available

This list is not exhaustive

- Support to source accommodation and reduce homelessness
- Ongoing tenancy sustainment support eg; cooking, cleaning, ironing, gardening
- Daily living skills
- Home safety support/ advice
- Shopping/menu planning/dietary advice
- Social/leisure activities
- Use of public transport
- Use of technology
- Ordering/picking up medication
- Accessing community supports
- Benefit advice/support
- Practical/emotional support with mental well-being
- Signposting
- Building relationships and social networks
- Relieving social isolation and lifestyle enhancement
- Advocacy including support to attend appointments
- Support to access employment, volunteering, training and skill-building opportunities
- Addiction advice
- Listening ear/ companionship