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# STATEMENT OF PURPOSE - PART TWO - SERVICE SPECIFIC INFORMATION

Printed copies are for reference only. Please refer to electronic copy for most recent information.

This document is Part Two of the Statement of Purpose. The information in this document is completed by the Manager and accompanies the STATEMENT OF PURPOSE - PART ONE.

A copy of this document will be made available on request. Managers of registered services will also ensure that the relevant regulator and service users or their representatives are notified of any material changes to the Statement of Purpose within 28 days.

# AR DTURAS DAY SERVICE MONAGHAN ROAD CORK 01/12/2022



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Designated Centre Name: Ar dTuras Day Service

Praxis Care,

Address: Lawley House

Celtic Park Monahan Road

*T12N6PY* 

*Telephone:* 086 0498009

Email: MajellaMcKeown@praxiscare.ie

Website: www.praxisprovides.com

Version 1

Date Completed: 01/12/2022, Date for Review 01/12/2023

# 1 AIMS OF Ar dTuras Day Service.

The service will provide appropriate quality care and/or support to individuals with **learning disability and Autism** who are assessed as requiring this input to enable them to live as independently as possible in their own community.

#### 2 FACILITIES AND SERVICES

# 2.1 Service Management

The person carrying out the business of the service is Carol Breen, Praxis Care, Director of Care Services, 25/31 Lisburn Road, Belfast BT9 7AA.

The person managing the service at a local level is Majella McKeown Praxix Care Unit 4 Barryscourt Industrial Estate, Carrigtohill, Cork, T45TF22 who is responsible to Head of Operation's David Slattery Head of Operations, based at Praxix Care Unit 4 Barryscourt Industrial Estate, Carrigtohill, Cork, T45TF22

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# 2.2 Management Qualification and Experience

The relevant qualification and experience of Director of Care Services are as follows:

#### **Carol Breen**

#### **Primary Qualifications:**

- 2001: Registered General Nurse (RGN)
- 2002: Bachelor Nursing Studies (BNS)

# **Employment History:**

- May 2002-Dec 2006: Day Service Unit Manager / Staff Nurse
- Jan 2007-Feb 2008: Manager Residential Services.
- Feb 2008-Present: Assistant Director of Care, Praxis Care
- May 2013–Sept 2013: Acting Director of Care, Praxis Care
- Dec 2015-Feb 2018: Acting Director of Care, Praxis Care
- Feb 2018 Aug 2018: Regional Director of Care, ROI
- Aug 2018 Present: Regional Director of Care & Development, ROI

#### **Further Studies**

- 2005-2006: Training for Trainers, Person Centered Planning
- 2005-2006: Concepts and Contexts of Intellectual Disability Nursing
- 2012: Management and Leadership Development Programme

The relevant qualifications and experience of The Manager are as follows:

#### Majella McKeown

# **Primary Qualifications:**

- 1999- National Council for Vocational Awards Childcare and Nursery Nursing.
- 2009- St John's College Fetac Level 6 Supervisiory Management Skills
- 2017- HMI Certificate Essential Management
- 2021- HMI Level 6 Essential Management Skills.

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2007-2020- CPI- non Violent Crisis Intervention Instructor.

# **Employment History:**

- 2000-2003: Care Assistant, Cope Foundation
- 2003- 2007: Care Assistant & Social Care Worker, Cork Association for Autism.
- 2007-2017: Social Care Leader Residential Services, Cork Association for Autism.
- 2017-2021: Day Services Manager, Cork Association for Autism.
- 2021- Present Date, Day Services Manager, Praxis Care.
- **21 years** Years' experience in the area of social care

The relevant qualifications and experience of **The Head of Operations are** as **Follow:** 

# **David Slattery**

# **Primary Qualifications:**

2008 -Bachelor of Arts in Applied Social Studies

2006- QQ1 Award Level 6, Managing People

#### **Employment History:**

2006- 2014 Support Worker, Waterford Cheshire.

Nov 2014- Nov 2015- Senior Care Worker, Waterford Cheshire.

Nov 2015- April 2016- Acting Service Manager, Waterford Cheshire.

May 2016- January 2017- Community Coordinator, Limerick Cheshire Services.

January 2017- Nov 2017- Acting Service Manager, Donegal Cheshire Apartments.

Nov 2017- September 2019- Service Manager, Adreen Cheshire Home, Shillelagh, Co. Wicklow.

September 2019- October 2020- Service Manager, Waterford Cheshire.

November 2020- December 2021- Scheme Manager, Praxis Care cork.

December 2021 – present Temporary Head of Operations, Cork Services.

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#### **STAFF**

The staffing structure of the service is as follows:

Ar dTuras Day Service staffing Ratio is 9 staff to 19 service users, and one leader in the Scheme, the Manager is part time in this scheme. Currently there are 7 core staff and 1 Agency Staff in place, the vacant shifts are being recruited at present.

The relevant qualifications and experience of the staff groups are as follows:

# **Ar dTuras Day Service STAFF**

Ar dTuras Day Service staff are qualified and experienced Social Care/or related field/QQI level 5 in healthcare support or related field. who work as a team to provide a high quality, New Directions led day service to young adults with intellectual disabilities, Autism and challenging behaviours. Praxis Care is committed to the ongoing training and professional development of the staff, and 2 monthly scheduled supervision of staff members in order to facilitate high standards of care for all young adults within the service. The Staff report to the Line Management.

Essential criteria for staff working in this scheme are to have good literacy & numeracy skills, interest in caring, experience of working with individuals with challenging behaviours and / or autism, have the ability to work as part of a team and ability to tolerate stress and respect for confidentiality. Essential criteria for a Team leader is a degree in social care or related field/QQI level 5 in healthcare support or related field. Essential criteria for Manager is a degree in Psychology, Social Care, Nursing or related equivalent.

A person centred approach to service user needs is implemented and each service user will have a named key worker. Staff are available Daily Monday- Friday between, 08.00-16.00, 8.30-16.30/ 09.00-17.00

#### 2.3 Organisational Structure

The specific organisation structure and direct line of management for Ar dTuras Day Service is presented below in a diagrammatic form. It includes line management and

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accountability structure, from the CEO Andy Mayhew downwards to the staff employed in the scheme.

# CEO

Andy Mayhew



# Director of Care with lead responsibility for Quality & Governance & Development (Nominated Provider)

Carol Breen



# **Regional Director**

Amanda Gray



#### **Head Of Operations**

David Slattery



#### Manager

Majella McKeown



#### **Team Leader**

Ciara O'Sullivan



# **Support Staff.**

Each service user is provided with the appropriate agreements(s) which outline the roles and responsibilities of all parties concerned.

A person centred and New Direction led approach is implemented at Ar dTuras Day Service. Staff are available between the hours of 08.00/

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**8.30am and 4.30pm/ 09.00-17.00 Monday to Friday.** There is always a minimum of 8 staff members on duty during these times. When the number of participants grow in The Service the level of staffing will be reviewed to meet the needs of the service users. The Team Leader is available during these hours. The Manager of the Service will be in the office from 9.00 am to 5.00pm Monday to Friday.

There is an on call system in place for Praxis Care for Ar dTuras Day Service Management on-call rota details will be emailed each Monday to all Service. Management on call is in place for emergency situations when the person in charge is on holidays or on days off. There is also an Assistant Director and Director on call system at all times. Details of this are available in the designated centre.

Further information on the service can be found in the Service Users Handbook.

#### 2.4 Accommodation

#### **Premises**

Ar dTuras Day Service is located in Celtic Park, Monahan Road, Cork City

#### Ar dTuras Day Service Ground floor consists of

- Four Large Activity Rooms
- One Large Kitchen
- One staff Kitchen
- Storage area
- Staff Office
- Two Service Users Toilets.
- One Staff Toilet.

# Measurements Ar dTuras Day Service.

- Activity Room 1: 7210mm x 9725mm
- Activity Room 2: 6495mm x 10043mm
- Activity Room 3: 7710mm x 7967mm
- Activity Room 4: 7555mmx 6127mm
- Kitchen 1: 3500mm x 6127mm
- Kitchen 2: 3613mm x 2985mm
- WC 1: 2300mm X 2300mm

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• Store: 2000mm x 2300mm

• Doc M WC 2: 2000mm X 2615mm

WC 3: 1200mm x 2615mmOffice 1: 3323mm x 2615mm

# **Activity Room 1**



**Activity Room 2** 





**Communal Area** 



**Communal Area** 



Communal Room/ Service User Kitchen

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#### 2.5 Referral Criteria

- The person will be 18 years old at the time of referral
- The Person will have a mild/ Moderate Intellectual Disability and Autism Diagnosis.
- The person will be have residence in the Cork Area
- The person should meet the criteria as defined by **HSE**
- The person will show a range of both care and/or support needs which the Admission Panel feel is appropriate with the level on offer in the service
- The person will be agreeable to the referral being made and, where possible, will have had an opportunity to view the services offered
- The person will be 18 years old at the time of referral
- The person will show a range of both care and/or support needs which the Admission Panel feel is appropriate with the level on offer in the service
- The person will be agreeable to the referral being made and, where possible, will have had an opportunity to view the services offered

#### 2.6 Referral Process

Referrals will only be accepted from **Members of the HSE CHO4**. Referral agents from outside the geographical area should, in the first instance, contact: Intellectual Disability Manager HSE Cork or Praxis Care for information.

- An application form must be fully completed and include information
- The applicant and carer (if so desired) will be invited to visit the service and discuss his/her needs with Praxis Care staff.
- An Admission Panel will meet to consider all applications. The referral agent will be invited to discuss the application and provide further information/clarification as appropriate.

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- The Panel's decision will be communicated to the referral agent as soon as possible and will always be followed up with a written explanation of the decision.
- An Appeals Procedure is in place if a prospective applicant is not satisfied with the outcome from the admissions panel.
- Prospective service users will be provided with as much information as possible about the service to help him/her make a decision about whether or not he/she wants to receive care and/or support. Praxis Care offers the opportunity for a prospective service user to visit the accommodation/service and meet and talk with service users and staff. The organisation is happy for a prospective service user to involve his/her friends/family before making the final decision about placement or commencement of service.
- If it is felt that the accommodation or service is not suitable for a particular person, advice will be given on how to look for help elsewhere. This will only happen after full and inclusive discussions with all relevant parties.

# 2.7 Receiving a Service

Potential service users will have his/her needs thoroughly assessed before being accepted to the service; this is intended to provide each service user with the best possible information on which to make an informed choice about his/her future.

#### 2.8 Service User Plan of Care

Praxis Care works with service users, and his/her friends, relatives or representatives (if appropriate) to draw up a written plan of the support the organisation will aim to provide. The plan sets out the service user's needs, risks that need management, support/care provided and desired outcomes.

At least once a month, each service user's plan is reviewed. There is a formal review process at 6 months after first placement and at least annually thereafter. An emergency review can be convened at any time. From time to time further assessments of the service user's needs are required to ensure that the support provided by the organisation is relevant to helping the service user achieve his/her full potential.

Every service user keeps a copy of his/her own Assessment & Plan and is encouraged to participate as fully as possible in the support planning process.

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# 2.9 The Range of Support/Care

The service endeavours to meet the following needs:

# 2.9.1 Support

- Locating essential local services
- Safety issues
- Signposting to specialist services
- Budgeting
- · Essential daily living tasks
- Emotional support
- Where appropriate, notifying agencies of concerns about a service user

#### 2.9.2 Care Tasks

- Administering medications
- Health care
- Specific rehabilitation tasks
- Intensive / therapeutic behaviour management
- Personal care

#### 2.9.3 Social Activities, Hobbies and Leisure Interests

Praxis Care will try to make it possible for service users to live his/her life as fully as possible. In particular, it will do the following:-

- 1. As part of the commencement of service process, potential service users will be encouraged to share as much information as possible about his/her social, cultural and leisure interests.
- 2. Service users will be helped to continue to enjoy a range of individual and group activities and interests, both inside and outside the Day Service to carry on with existing hobbies, pursuits and relationships, and to explore new avenues and experiences. In group Day Service settings, all service users are entitled to use the dining room, the communal lounges, other sitting and circulating areas, and the grounds of the scheme but those who wish, may remain in his/her own identified rooms. Service users are encouraged to personalise their rooms with small items of

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furniture and other possessions, and individual preferences in matters of decoration and furnishings are encouraged within Day Services.

- 3. In partnership with service users, social and leisure activities will be designed to form the basis of the communal content of the life of the scheme/service and a individualised specific interests are accommodated with the Day Service. Friendships among service users will be facilitated and it is hoped that service users will enjoy being part of a community, but there is no compulsion on a service user to join in any of the communal social activities.
- 4. With the full and inclusive involvement of service users, local councillors, members of parliament, representatives of voluntary organisations, students, school children and others will be encouraged to visit schemes/services.
- 5. Recognise that risk-taking is a vital and often enjoyable part of life and of social activity and that some service users will wish to take certain risks despite or even because of his/her disability. Praxis Care does not aim to provide a totally risk-free environment though care will be taken to ensure that service users are not subjected to unnecessary hazards. When a service user wishes to take part in any activity which could involve risk, a thorough risk assessment will be carried out with that individual, involving relatives, friend or representative, if desired and Praxis Care will agree and record action which will appropriately balance the factors involved. Such risk assessments will be regularly reviewed, with the participation of all parties.
- 6. For the benefit of all service users and staff, the communal areas of the Day Service are designated as non-smoking. Service users may smoke in designated smoking areas only.
- 7. There may be a charge associated with some social activities and services; where this applies, the details will be made clear to the service user in advance.

# 2.9.4 Consulting Service Users about the Way the Service Operates

Praxis Care aims to give service users opportunities to participate in all aspects of life in the accommodation/service. In particular, service users are regularly consulted both individually and corporately about the way the accommodation/service is run.

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The organisation's objective is always to make the process of managing and running the service as transparent as possible, and to ensure that the service has an open, positive and inclusive atmosphere.

Service Users will have the care/support he/she receives reviewed at least annually. Regular service users meetings are held and input is sought on matters relating to the everyday running of the scheme.

Satisfaction surveys are carried out at least annually with actions completed in response to feedback. Praxis Care staff are always keen to hear from Service Users and representatives. Heads of Operations will endeavour to users and, where appropriate contact with service representative on a monthly basis as part of the organisation's monitoring processes.

# 2.9.5 Fire Precautions, Emergency Procedures and Safe Working **Practices**

All service users are made aware of the action to be taken in the event of a fire or other emergency, and copies of the service's fire safety policy and procedures are available on request. Regular fire drills are conducted, where appropriate, and information is displayed through the building to guide all persons in the event of a fire. All staff have training in First Aid in the event of an emergency. The service conforms to all relevant government guidance on promoting and protecting the health, safety and welfare of service users and staff.

Ar dTuras Day Service Fire Assembly Point is located in front the Main Gate on entering the Car Park, it is clearly sign aged for same. On Leaving the Day Service Building Service Users take a left and walk a designated footpath the Assembly Point.

#### 2.9.6 Arrangements for Religious Observances

Service users who wish to practise their faith will be given every possible support to do so. In particular, Praxis Care will do the following:

Make contact with any local place of worship on a service user's behalf, if requested. The organisation can usually arrange for a minister or a member of the relevant organisation to visit a service user.

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• Take particular care to try to meet the needs of service users from minority faiths. These should be discussed with the manager the service commences.

# 2.9.7 Relatives, Friends and Representatives

- Service users are given every possible help to maintain and retain the links with families and friends.
- If a service user wishes, their friends and relatives are welcome to visit at a time convenient to the service user and to become involved in daily routines and activities.
- If a service user wishes to be represented in any dealings with the service by a nominated friend, relative, professional person or advocate, Praxis Care will respect their wishes and offer all necessary facilities.

# 2.10 Ending the Service & Moving On

Service users may leave Praxis Care services for several reasons. They may no longer require the service, the service may no longer meet their needs, or the service may only be provided for a period of time. Irrespective of the reason for the service ending, the move will be planned and managed with the service user in their best interests.